

**Top 30 Times**  
**City High Women's XC**  
**5000 meters**

#	Athlete	Time	Course	Season
1	Michelle Lilienthal	17:55	UW-Parkside, Kenosha, WI	1999
2	Mary Arch	18:08	Ashton XC Course	2015
3	Anna Lindower	18:28	Noelridge Park	2016
4	Nelle Trefz	18:44	Les Bolstad GC (Griak)	2003
5	Jennie Funk	18:46	UW-Parkside, Kenosha, WI	2001
6	Rowan Boulter	18:54	Ashton XC Course	2019
7	Ani Wedemeyer	18:58	Dubuque Soccer Complex	2022
8	Iris Wedemeyer	19:07	Irv Warren GC (Waterloo)	2021
9	Emily Bywater	19:08	Noelridge Park	2016
10	Bridget Brown	19:10	Noelridge Park	2016
11	Lilly Reynolds	19:14	Ashton XC Course	2019
12	Annalise Rummelhart	19:16	Noelridge Park	2016
13	Rebecca Rethwisch	19:17	Les Bolstad GC (Griak)	2010
14	Brittany Dlhy	19:21	Les Bolstad GC (Griak)	2005
15	Amelia Morrow	19:27	Lakeside GC (State Meet)	2017
	Kinsee Brands	19:27	Noelridge Park	2016
16	Erin Danielson	19:30	Les Bolstad GC (Griak)	2010
17	Molly Shepherd	19:31	Les Bolstad GC (Griak)	2013
18	Mollie Hansen	19:32	Lakeside GC (State Meet)	2015
19	Sam Sidwell	19:39	Les Bolstad GC (Griak)	2005
20	Nina Peterson	19:40	Yankton Trail Park (NXR)	2022
21	Esti Brady	19:41	Ashton XC Course	2017
22	Courtney Bruns	19:42	Les Bolstad GC (Griak)	2011
23	Meg Richardson	19:45	Les Bolstad GC (Griak)	2011
24	Aly Hecker	19:47	Lakeside GC (State Meet)	2017
25	Erin Anderson	19:54	Ashton XC Course	2019

	Ellen Carman	19:54	Les Bolstad GC (Griak)	2013
26	Kelsey Hart	19:57	Les Bolstad GC (Griak)	2006
27	Nicole Peterson	20:04	Yankton Trail Park (NXR)	2022
28	Lindsay Bruns	20:09	Les Bolstad GC (Griak)	2011
	Tatum Frazier	20:09	Dubuque Soccer Complex	2021
29	Lindsay McFarland	20:10	Les Bolstad GC (Griak)	2008
30	Mary Bounds	20:16	Ashton XC Course	2019
	Jessica Yagla	20:16	Les Bolstad GC (Griak)	2007
	Emily Fagan	20:16	Les Bolstad GC (Griak)	2008
	Harper Beasley	20:16	Les Bolstad GC (Griak)	2011