## **Tipton 2005**

This was a great way to start the season. The course was slightly different and the temperatures a little warmer than the year ago but after studying the results it appears fair to compare times to a year ago. The fresh/soph is getting stronger and was led by a fine effort from Lindsay. Several others showed outstanding time drops from time trials. The varsity is clearly well ahead of last year. I especially commend you on how you pushed the middle of the race. The Junior Varsity also had some spectacular improvements from a week ago and Clair raced herself on to Varsity. The season has just begun girls. It is going to be a very competitive season with good opposition every week. Make each day count and keep your eyes on the prize. Establish your goals. Aim high and keep up the good work!

	Varsity	2005Tip	Trial	2004Tip	P-12	•••	Fresh/Soph	2005Tip	Trial	2004Tip
	Conditions->	80	80hum	70s			Conditions→	80s	80hum	70s
2	Sidwell, Samantha	15:39	15:52	16:32		1	McFarland, Lindsay	17:53*	18:18	
3	Dlhy,Brittany	15:39	15:59	16:41		2	Smith, Megan	18:35	18:42	18:56
4	Hart,Kelsey	16:05*	16:06			3	Kregel, Hannah	18:38*	18:56	
7	Garcia, Claudia	16:32	16:30	19:42		7	Rethwisch, Amanda	18:57*	19:35	
8	McCue , Tamika	16:33	16:12	17:07		8	Harris, Mercedes	19:07	18:35	
9	McKay, Annie	16:36	16:38	17:39		9	Adderley, Eva	19:10	18:39	17:49
11	Foreman, Drew	16:52	16:42	16:56		10	Moen, Elaine	19:18*	20:23	
13	Funk, Emily	17:09	16:52	17:12		11	Meyer, Leslie	19:20	20:27	
	Mims, Kelsey	17:20	17:35	18:28		12	Fleener, Lauren	19:21*	19:36	
	Diggelmann, Lindsey	17:40	17:03	17:01	1	13	Randleman, Libby	19:24	20:20	20:47
	Junior Varsity	2005Tip	Trial	2004Tip	_	14	Henson, Megan	19:39	20:42	19:30
	Conditions->	70s	80hum	70s		15	Bricker, Alina	19:49	20:50	19:55
1	Anciaux, Clair	16:47		16:41			Sarrizan, Cate	19:49*	20:51	
2	Zimmerman, Nicki	18:00	18:25	18:36			Pham, An	20:10	19:52	19:23
3	Sabers, Molly	18:10	18:47				Paulson, Claire	20:17	20:23	20:00
5	Wiegert, Krista	18:28	18:36	19:13			Triplett, Melissa	20:54	22:12	21:38
6	Schallau, Tiffany	18:31	18:23	18:25			McDonough, Steph	21:35	21:52	19:41
7	Mills, Caroline	18:38	19:05				Fuller, Libby	21:58	22:35	21:20
8	Shortt, Chelsee	18:45*	19:28				Gelder, Kristi	22:16	22:50	23:04
	Robison, Jessie	18:49*	19:04				Schallau,Emily	22:17*	24:12	
	Grady, Claire	18:51	20:00	19:01			Rodriguez, Destiny	22:46*	23:49	
	Lawry, Molly	18:56	19:38	19:56			Bold=Varsity Credit			
	Skay, Jessica	19:11	18:54	19:01			*=personal record			
	Bross, Kera	19:16	20:18	18:24						
	Horras, Kylie	19:31*	20:27				Varsity (3-0)			
	Dobrian, Kassia	19:45*	20:57				CHS 24			
	Olson, Anna	20:06	20:32	20:05			Tipton 43			
	Hobart, Jaye	20:39	20:22				Pleasant Valley 94			
	Cmiel, Cordelia	20:45	21:55	20:36			North Scott 123			
	Uhde, Kaitlyn	21:20*	21:41							
	Minchk,Laura	21:25	20:51				Fresh/Soph (3-0)			
	Plaugher, Lucy	21:34	22:30	20:15			CHS 21			
	Roush, Elsabeth	22:42	23:59				PV 50, 2 others			
	Junior Varsity (3-0)	CHS 17								