

Time Trial 2009

In May a group of letter winners from last year met and made a commitment to make themselves the best they could be. It would appear as though we are progressing toward that goal. We have never had more than 4 under 16 minutes in a time trial and yesterday we had seven. The conditions were ideal and you took advantage. I enjoyed how you competed even though the competition was only with teammates. That will serve us well as we will meet some great competition in a few days at Pleasant Valley when we run up against Naperville North. I congratulate you all on your team spirit as you encouraged each other throughout the race and up that final 500 meters. I applaud the four of you returning runners who ran lifetime prs (excuse the redundancy)!

		2009	2008	2007	2006
	Conditions→	70s/dry	80 humid	80/dry	90 humid
1	Rethwisch, Rebecca	15:16	15:57	17:06	
2	Fagan, Emily	15:31	15:49	16:10	16:46
3	Richardson, Meg	15:32*	18:38		
4	Danielson, Erin	15:33*			
5	Holman, Melanie	15:38	16:15	17:52	
6	Stephenson, Jill	15:45*	17:21		
7	White, Cassie	15:56	16:40	16:29	16:44
8	Bruns, Anna	16:35	17:30	17:17	22:25
9	Fuller, Ashley	16:39*			
10	Beasley, Harper	16:41	19:42		
11	Bruns, Courtney	16:53*			
12	Langenfeld, Katie	17:09	17:46		
13	Mahaffa, Maggie	17:16	19:01	26:34	
14	Shinnick-Gordon	17:25	18:04	18:33	22:00
15	Hudachek, Danielle	17:49	18:03	19:34	
16	Sullivan, Jordan	17:52	18:46		
17	Bruns, Lindsey	18:11*			
18	Opheim, Britney	18:19	19:01	19:39	
19	Tamerius, Alexandra	18:45	19:50		
20	Wolf, Taylor	18:51	19:20		
21	Lines, Lori	18:52	19:44		
22	Agassandian, Alice	18:53	18:58	22:15	
23	Howard, Susanna	18:56	19:02	18:45	
24	Perez, Terra	18:57*			
25	Aguilar-Rosales, Yorik	19:04	19:44		
26	Bodnarek, Kennedy	19:09	20:33		
27	Peterson, Breanne	19:10	20:19		
28	Kuddes, Nicole	19:11*	22:04		
29	Wilkinson, Ashley	19:20	20:07	20:48	24:36
30	Baker, Sarah	19:22*			
31	Klabo, Hailey	19:29	20:47		
32	Sotelo, Emily	19:30	19:44		
33	Laughlin, Erin	19:41*			

		2009	2007	2007	2006
	Conditions→	70s/dry	80 humid	80/dry	90 humid
34	Mead, Mackenzie	19:41	19:10	24:44	
35	Singlin, Allison	19:42*			
36	Holman, Nora	20:02*			
37	Lubecki-Wilde, Fran	20:02*			
38	Abrams, Abby	20:37	17:25	20:29	
39	Sharp, Mary	21:05*			
40	Kroeze, Chelsea	21:19*	21:26		
41	Razavi, Nadia	21:20	26:31		
42	Myers, Claire	21:20*	27:00		
43	Wang, Juju	21:35*			
44	Schumm, Magill	21:35	23:54		
45	Graves, Susan	21:45	24:29	24:34	
46	Peterson, Sophia	21:47*			
47	Kealy, Ellen	22:19	22:07		
48	Mendenhall, Kate	22:26*			
49	Powell-Littler, Molly	22:27*			
50	Vanderwoude, Katie	22:39	21:27		
51	Titus, Katie	22:38	23:59	24:39	
52	Heasley, Elizabeth	22:46	24:06		
53	Hollander, Ana	22:49*			
54	Mendoza, Emily	22:52*			
55	Sierra, Cody	24:21	22:22	26:34	
56	Siegfried, Hannah	24:22	27:00	28:32	29:35
57	Hartley, Kara	24:29*			
58	Grueskin, Zoe	24:30*			
59	Neems, Sophie	24:40*			
60	Carman, Isabel	24:42*			
61	Staley, Anne	25:04	27:39		32:23
62	Ringin, Megan	25:19	25:00		
63	Triplett, Elizabeth	25:41	26:39	21:49	28:38
64	Reyes, Stephanie	26:46			
65	Gerard, Amanda	27:15*			

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Bold=Varsity Credit