

## State 2007

I congratulate you for your effort yesterday. After the disappointment at District we came back with our best team effort of the season. While it wasn't enough to earn a trophy we competed much better against our opposition as you can see when you compare our placement relative to Urbandale and West High runners. Your performance earned you a trip to the balcony and I was proud to stand there with you, our alternates and our assistant coaches. Your teammates that cheered for you at the meet, the alumna that preceded you and all the City High fans that have supported us all season deserved your best and you gave it to them. A special congratulations to Jessica and Rebecca for your PRs and to Kelsey for her Season's Best. **You were the 18<sup>th</sup> City High Women's team in a row to walk onto the balcony. Let's do it again next fall!** Thank you all.

13	Brittany Dlh	14:54
14	Jessica Yagla	14:55*
16	Kelsey Hart	14:56SB
32	Emily Fagan	15:24
44	Rebecca Rethwisch	15:44*
54	Cassie White	15:57
79	Lindsay McFarland	16:30

### Team Score

Dowling	32	
Urbandale	110	
<b>City High</b>	<b>119</b>	<b>(138-11)</b>
Johnston	120	
West	146	
Ames	153	
9 others with scores up to 341		
118 runners competed		