

State 2006

I have never seen a more impressive example of team running than I saw on Saturday. You represented each yourselves, your teammates, your school, your city and your state, as well as I have ever seen it done. Annie, congratulations on becoming the fourth girl on our team to lead us in a race this season. You have carried our younger runners all season and Saturday was your turn to be in the spot light. But as the Press Citizen article pointed out, you could have almost held hands with Brittan and Sam who joined you in the final sprint to the finish. A single photograph of the final 200 meters would have shown you three in the foreground with Kelsey, Jessica and Cassie closing the gap between you and “finishing the deal” so to speak. Emily completed the mission beating the fifth runner of Dowling and then I knew you had done it. 5 in the top 19, 6 in the top 24, and all 7 ahead of scoring members of every other competing team of consequence—that is teamwork. That is the City High mantra. Knowing that there were others ready to step in if illness or injury prevented one of you from running only emphasized that fact. Knowing that your achievement was in part the result of dozaens of other City High girls’ sweat and effort pushing you to improve over the past weeks, months and years further makes the point. 60 girls in red were distilled to 7 on Saturday. It was a potent Championship tonic. Thank you all.

10	Annie McKay	15:08
11	Brittany Dhly	15:09
12	Samantha Sidwell	15:10
18	Kelsey Hart	15:23
19	Jessica Yagla	15:24
24	Cassie White	15:36
49	Emily Fagan	16:01

Team Score

City High	70	(155-1)
Dowling	119	
Urbandale	148	
Johnston	154	
Ames	177	
West	185	