

Spartan Invitational
9/7/19
5000 meters
75 degrees - beautiful

P	Athlete	Yr	Time
VARSITY			
13	Rowan Boulter*	10	19:35
30	Lilly Reynolds*	11	20:42
35	Iris Wedemeyer	9	20:57
47	Erin Anderson	9	21:21
62	Lucy Corbin*	10	21:44
69	Julia Veit*	12	22:04
73	Mary Bounds	12	22:22
F/S			
9	Natalie Kuhlmann	9	21:29
15	Sydney Wilkes	9	22:06
16	Tatum Frazier*	10	22:08
17	Avery Schultes	9	22:14
20	Eva Reynolds	9	22:25
26	Annika Veit*	10	23:14
41	Mary Cate Pugh	9	24:12
66	Jennie Gidal	9	25:07
68	Annika Harvey	9	25:09
71	Cora Becker*	10	25:18
86	Jazzy Phonphiboun	9	26:08
88	Nathalie Nunez*	10	26:18
94	Rachel Tornblom	10	26:33
96	Bella Skay	9	26:35
99	Hilda Hernandez*	10	26:48
115	Prisca Kalala	9	28:28
116	Gracie Genkinger	9	28:31
131	Ana Laura Leyser	10	29:32
133	Frances Bottorff	10	29:39
135	Mae Barron*	10	30:21

138	Wendy Buchanan	9	31:30
139	Madilyn Vitti*	10	31:41
145	Keiko Radley*	10	32:50
152	Lydia Karr	10	36:05
154	Genesis Alachan	9	39:41
JV			
10	Jordan Sekafetz*	11	21:49
11	CeCe Kelly-Harvey*	11	21:50
21	Jae Dancer*	11	22:48
43	Grace Parrott*	12	24:19
46	Zoe Meaney*	11	24:28
50	Harper Denniston*	11	24:56
64	Ashley Sheehan*	11	25:45
87	Sylvia Gidal*	12	26:06
91	Sonja Liebig	11	26:26
109	Melanie Tran-Duong*	11	27:23
115	Sophia Friton*	11	27:41
116	Sophie Trom*	12	27:41
117	Jordan DuBrava	12	27:48
120	Saye Traore*	12	28:06
122	Lucie Brennan*	11	28:08
128	Kate Wolfe*	11	28:37
157	Georgia Corbin*	12	31:11
167	Alex Marsh*	12	32:53
175	Ana Koch*	11	34:38
180	Keonna Earl	12	46:35

104 runners in Varsity race, 155 in 9/10 race, 180 runners in JV race

*= Season Best

Highlighted Name = PR (personal record)

Today was a great day to be a Little Hawk! We competed hard in every race, and it was evident that we were ready to race faster than we did on Tuesday. This happened because there was a lot of positive mindsets established by each racer. The varsity squad started the day by getting out aggressively. The first mile for each athlete was considerably faster than IMS. This is important on this course, because of the way it filters down into the woods section. We could very well be racing here for the district meet. We beat two teams that were ranked going into the day. That is a big celebration!!! We also learned that we can compete with CR Prairie and DBQ Senior. As we train, we will grow confident in closing the gaps between our racers. Our F/S squad ran so well! We competed hard against Naperville North and Edina. We were only 8 points behind Edina, and they are ranked 11th in the nation at the varsity level. That is another huge celebration!!! We have a strong core of freshmen and sophomores in this program, and the staff loves the energy you train and race with. The JV squad went out fast, and furious! It was so awesome to watch you race with passion, and we will continue to get stronger in the middle portion of the race. The energy from the JV group is a catalyst for this program, and it's fun to watch you all compete so hard and support each other every step of the way! Go City!

-On Your Wind, Do I Fly-

Team Scores

Varsity

(#7 in nation) Naperville North (IL) - 40
(#11 in nation) Edina (MN) - 43
(#1 in IA) Johnston - 70
(#4 in IA) DBQ Senior - 115
(#8 in IA) CR Prairie - 156
City High - 187 record (13-5)
(#12 in IA) Bettendorf - 194
(#18 in IA) IC West - 237
(#13 in IA) Pleasant Valley - 265
Moline - 268
North Scott - 299
Dvpt Central - 335
Muscatine - 390
Dvpt West - 413
Rock Island - 487

Freshmen/Sophomore

Naperville North - 21
Edina - 69
City High - 77 (record 9-2)
IC West - 147
Pleasant Valley - 157
Bettendorf - 165
6 other teams

Junior Varsity

Naperville North - 34
Edina - 40
Johnston - 112
DBQ Senior - 114
City High - 131 (record 8-4)
CR Prairie - 136
6 other teams