

## Spartan Challenge

5000m

9/2/23

68-85 degrees, sunny, light wind

Place	VARSITY	Time	Grade
11	Ani Wedemeyer*	19:45	11
13	Abigail Burns	19:48	10
29	Nicole Peterson*	20:52	11
34	Grace Hamann	21:02	9
36	Claire Locher*	21:03	10
52	Lucy Sherburne	21:55	9
57	Elizabeth Asklof*	22:29	10
Place	JUNIOR VARSITY	Time	Grade
15	Nina Kuhlmann*	22:13	11
17	Sophia Romero*	22:21	12
25	Josie LeClair	23:26	11
33	Ashley Bentler	24:21	12
37	Elim Michael*	24:46	11
46	Nina Torkelson*	25:48	12
50	Nora Ziehr*	26:04	11
78	Noe Richman*	27:50	11
87	Joelle Haas	28:57	12
90	Ava Brewer	29:21	12
91	Joanna Galluzzo*	29:34	11
97	Ada Gilchrist*	31:06	12
102	Maya Hoffman*	32:38	11
105	Quinn Price*	36:11	12
107	Ania Naso	39:08	11
108	Georgia Hellwig	48:00	12
109	Evelyn Powers*	48:01	12
Place	FRESH/SOPH	Time	Grade
13	Naomi Downing-Sherer	22:07	9
17	Ella Romero	22:21	9
21	Madeline Fischer	22:39	9
28	Alma Bhandary-Narayanan	23:18	10

33	Addi Schultes*	23:30	10
35	Katiya Ellermeier*	23:43	10
37	Nadia Spragg	24:00	9
43	Willow Schultz	24:18	9
47	Martha Willard	24:31	9
60	Jolie Evans	25:48	9
79	Maddie Gunderson	28:21	10
86	Harper Bailey*	29:33	10
90	Liz Degner*	30:21	10
100	Amari Casto	32:06	9
101	Avery Nace	32:29	9

~On Your Wind, Do I Fly~

Highlighted name = PR (personal record)

\* = SB (season best time)

Varsity race had 98 finishers

JV race had 109 finishers

F/S race had 110 finishers

**Team Scores**Varsity

1. Johnston - 57
2. Naperville North (IL) - 63
3. Pleasant Valley - 69
4. Dubuque Senior - 87
5. Edina (MN) - 92
6. City High - 123
7. Cedar Rapids Prairie - 219
8. Iowa City West - 241
9. Bettendorf - 287
10. Davenport Central - 289
11. North Scott - 330
12. Muscatine - 331
13. Rock Island (IL) - 370
14. Burlington - 433

JV

1. Naperville North (IL) - 26
2. Johnston - 65
3. Pleasant Valley - 86
4. Edina (MN) - 88
5. City High - 127
6. Dubuque Senior - 149
7. Iowa City West - 158
8. Cedar Rapids Prairie - 233
9. Muscatine - 264

### Fresh/Soph

1. Johnston - 19
2. Naperville North (IL) - 65
3. Edina (MN) - 100
4. City High - 112
5. Dubuque Senior - 159
6. Pleasant Valley - 161
7. Cedar Rapids Prairie - 169
8. Bettendorf - 209
9. Rock Island (IL) - 273
10. Moline (IL) - 276
11. North Scott - 322
12. Muscatine - 333

### **Season Record**

Varsity: 13-3

JV: 5-2

F/S: 6-1

### **Time improvements for returning Little Hawks from PV 2022 to 2023**

Wedemeyer - 24 sec

Burns - 3 min 45 sec

Nicole Peterson - 52 sec

Locher - 2 min 1 sec

Asklof - 32 sec

Powers - 2 min 17 sec

LeClair - 4 min 16 sec

Richman - 1 min 49 sec

Bhandary-Narayanan - 2 min 52 sec

Schultes - 44 sec

Bailey - 4 min 21 sec

Degner - 1 min 11 sec