

Pleasant Valley Spartan Challenge 2009

What a great start to the season! You certainly rose to the Spartan's Challenge. We have never run better at this meet as a varsity. The JV finished the race with a tremendous last mile to eke out a victory as well. The F/S was nipped but showed substantial improvement over a year ago when we failed to crack Naperville's top 5. This all simply reflects the dedication and commitment of the team to make itself better through hard work and positive attitude. The feeling is in the air. Keep the enthusiasm and energy going as we head to Cedar Rapids this week. West will be there waiting for you along with several other worthy opponents. Congratulations on a terrific performance today!!

	<i>Varsity</i>	<i>2009SB</i>	<i>2008</i>	<i>2007</i>	<i>2006</i>		<i>Junior Varsity</i>	<i>2009</i>	<i>2008</i>	<i>2007</i>	<i>2006</i>
1	Rethwisch, Rebecca	14:49*	15:47	16:18		1	Fuller, Ashley	16:15*			
4	Richardson, Meg	15:06*	17:54			3	Bruns, Anna	16:23SB	16:53		
5	Danielson, Erin	15:08*				7	Hudachek, Danielle	16:55SB	17:25	18:38	
8	Fagan, Emily	15:18SB	15:22	15:48	16:26	8	Shinnick-Gordon, Izzy	16:59SB	17:19	17:59	19:15
12	Stephenson, Jill	15:31*	16:30			13	Mahaffa, Maggie	17:33	18:19	25:44	
14	Holman, Melanie	15:37SB	16:02	17:25		14	Opheim, Britney	17:34SB	18:06	18:49	
19	Cassie White	15:44SB	16:11	16:05	16:03	30	Lines, Lori	18:24SB	18:11		
	Fresh/Soph					33	Aggassandian, Alice	18:28SB	18:01	20:56	
4	Bruns, Courtney	16:27*				34	Peterson, Breanne	18:28*	18:58		
5	Sullivan, Jordan	16:47SB	17:02			37	Sharp, Mary	18:35*			
8	Tamerius, Alexandra	17:04*	17:35			39	Howard, Susana	18:40SB	18:59	19:42	
9	Bruns, Lindsey	17:05*				42	Sotelo, Emily	18:44SB	18:53		
16	Langenfeld, Katie	17:19				46	Bodnarek, Kennedy	18:54SB	19:08		
18	Perez, Terra	17:35*				47	Laughlin, Erin	18:54*			
28	Aguilar-Rosales, Yorik	18:06*	19:07			72	Abrams, Abby	19:36SB	16:30	19:08	
29	Klabo, Hailey	18:07*	19:15			92	Mead, Mackenzie	20:13	18:44	23:44	
32	Siglin, Allison	18:20*				109	Myers, Claire	20:44*	25:20		
38	Pantel, Cassie	18:28SB	17:51			114	Razavi, Nadia	20:51SB	23:00		
46	Holman, Nora	18:30*				115	Graves, Susan	20:51SB	21:57	23:43	
48	Baker, Sarah	18:38*				151	Mendoza, Emily	21:35*			
67	Kuddes, Nicole	19:08*				149	Heasley, Elizabeth	21:41SB	22:12		
71	Wang, Juju	19:18*				161	Titus, Katie	21:57SB	22:28	23:13	
100	Lubecki-Wilde, Francesca	20:20				186	Siegfried, Hannah	23:43SB	25:26	26:44	
103	Schumm, Magill	20:21SB	21:50			188	Grueskin, Zoe	23:47*			
108	Mendenhall, Kate	20:39*				189	Triplett, Elizabeth	23:57SB	23:01		
110	Powell-Littler, Molly	20:42*				190	Sierra, Coady	24:00SB			
120	Hollander, Ana	21:05*				194	Staley, Anne	24:51SB	25:06		
126	Vanderwoude, Katie	21:16SB	19:59			202	Reyes, Stephanie	26:43SB	28:13		
127	Peterson, Sophia	21:27*									
148	Carman, Isabel	22:50*									
153	Ringgen, Megan	23:15SB	23:42								

Junior Varsity (11-0)

CHS 32

Naperville North 33
 PV 72, Bettendorf 141
 8 others, 204 runners

Fresh/Soph (10-1)

Naperville North 25

CHS 42

Bett 108 PV 125
 8 others, 166 runners

Varsity (14-0)

CHS 30

Naperville 65

LinnMar 101 PV 110

11 others, 105 runners

Bold **Name=** **Varsity** **Credit**
 *=PR
 SB= **Season** **Best**

