Pleasant Valley

Saturday we competed against one of Illinois' premier programs and responded with a huge number of PRs and season's bests. While the set backs for the JV and Fresh/Soph were disappointing it wasn't because we didn't compete. Of course there is room for improvement on both squads and you will. Emily and Sarah should both be commended for outstanding performances and Molly Sabers probably ran the best XC race of her life. The Varsity turned in the best ever performance of any CHS squad on this course. It would be hard to choose who had the best race, as all contributed greatly to the effort. Kelsey again had a great race but the 44 second gap from our 1-7 was a thing of beauty. Finally, I want all 3 squads to know that your support of each other as teammates has not gone unnoticed by me or other teams and spectators. I was very proud of your deportment—thank you.

	Varsity	2006	2005	2004		Junior Varsity	2006	2005	2004
4	Hart, Kelsey	15:19*	16:04*		2	Ziegenhorn, Sarah	16:45SB		16:46
5	Dlhy, Brittany	15:41SB	15:47	17:56	9	Sabers, Molly	17:39SB	18:07	
6	Sidwell, Samantha	15:43SB	15:36	15:38	11	Zimmerman, Nicki	17:59SB	17:46	18:07
7	McKay, Annie	15:47SB	16:12	17:15	14	Smith, Megan	18:05	18:15	18:35
10	Garcia, Claudia	16:02*	16:27		17	Panther, Cassie	18:07SB		18:28
11	Cassie White	16:03*			20	Adderly, Eva	18:13SB	18:17	17:30
12	Jessica Yagla	16:03*			25	Randleman, Libby	18:28SB		19:48
	Fresh/Soph				29	McCue , Tamika	18:42	15:49	16:26
1	Fagan, Emily	16:26*			32	Grady, Claire	18:46SB	18:37	18:48
5	Kregel, Hannah	17:19SB	18:03		44	Skay, Jessica	19:05SB	18:41	18:34
10	Rethwisch, Amanda	17:52*	18:24		45	Bricker, Alina	19:06SB	19:36	20:09
16	McFarland, Lindsay	18:10SB	17:45		57	Mills, Caroline	19:26SB	18:48	
17	Cassie Ricci	18:11*			61	Triplett, Melissa	19:35	20:55	
18	Harris, Mercedes	18:13	18:04		62	Meyer, Leslie	19:39SB		
24	Gessner, Lelia	18:27*			73	Henson, Megan	19:48SB	18:42	19:51
30	Fleener, Lauren	18:59SB	18:32		78	Zoeckler, Susan	19:53*		
38	Shinnick-Gordon	19:15*			85	Torres, Sherry	20:11*		
43	Arens, Kelsey	19:20*			88	McDonough, Steph	20:27*	20:41	19:42
70	DeMoss, Kenzie	20:12*			92	O'Malley, Malinda	20:27*		
86	Verhoef, Chloe	20:55*			93	Kamber, Kayla	20:28*		
97	Triplett, Elizabeth	21:10*			139	Skay, Kenzie	22:20		
120	Mallimpalli, Mary	22:19*			147	Wertz, Julia	22:34*		
121	Tippe, Laurel	22:22*			148	Cronbaugh, Taylor	22:36*		
123	Rodriguez, Destiny	22:25SB	22:29		152	Fuller, Libby	22:47SB	21:17	21:39
125	Sierra, Coady	22:30*			155	Lehman, Laurie	23:08*		
133	Piper, Ashley	22:56*			165	Averkamp, Alyx	23:43*		
140	Martin, Page	23:58			168	Gelder, Kristi	23:54SB	23:04	23:09
142	Bates, Emmy	24:16*			172	Arbuckle, Jeni	24:13		
150	Goff, Jessica	25:54*							

				<u>Junior</u> Varsity(13-			
Varsity (14-0)	BoldName	=Varsity	Credit	<u>1)</u>	Fresh	<u>/Soph</u>	<u>(8-1)</u>
CHS 32	*=	Personal	Record	Naperville 26	Naperville	eNorth29	
Naperville N 56	SB=	Season	Best	CHS 53	CHS 51		
Xav81,101runners	runners			PV 131, 181	Bett 77	150	runners