## Pleasant Valley

Saturday we competed against one of Illinois' premier programs and responded with a huge number of PRs and season's bests. While the set backs for the JV and Fresh/Soph were disappointing it wasn't because we didn't compete. Of course there is room for improvement on both squads and you will. Emily and Sarah should both be commended for outstanding performances and Molly Sabers probably ran the best XC race of her life. The Varsity turned in the best ever performance of any CHS squad on this course. It would be hard to choose who had the best race, as all contributed greatly to the effort. Kelsey again had a great race but the 44 second gap from our 1-7 was a thing of beauty. Finally, I want all 3 squads to know that your support of each other as teammates has not gone unnoticed by me or other teams and spectators. I was very proud of your deportment-thank you.

|  | Varsity | 2006 | 2005 | 2004 |  | Junior Varsity | 2006 | 2005 | 2004 |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| 4 | Hart, Kelsey | 15:19* | 16:04* |  | 2 | Ziegenhorn, Sarah | 16:45SB |  | 16:46 |
| 5 | Dlihy, Brittany | 15:41SB | 15:47 | 17:56 | 9 | Sabers, Molly | 17:39SB | 18:07 |  |
| 6 | Sidwell, Samantha | 15:43SB | 15:36 | 15:38 | 11 | Zimmerman, Nicki | 17:59SB | 17:46 | 18:07 |
| 7 | McKay, Annie | 15:47SB | 16:12 | 17:15 | 14 | Smith, Megan | 18:05 | 18:15 | 18:35 |
| 10 | Garcia, Claudia | 16:02* | 16:27 |  | 17 | Panther, Cassie | 18:07SB |  | 18:28 |
| 11 | Cassie White | 16:03* |  |  | 20 | Adderly, Eva | 18:13SB | 18:17 | 17:30 |
| 12 | Jessica Yagla | 16:03* |  |  | 25 | Randleman, Libby | 18:28SB |  | 19:48 |
|  | Fresh/Soph |  |  |  | 29 | McCue, Tamika | 18:42 | 15:49 | 16:26 |
| 1 | Fagan, Emily | 16:26* |  |  | 32 | Grady, Claire | 18:46SB | 18:37 | 18:48 |
| 5 | Kregel, Hannah | 17:19SB | 18:03 |  | 44 | Skay, Jessica | 19:05SB | 18:41 | 18:34 |
| 10 | Rethwisch, Amanda | 17:52* | 18:24 |  | 45 | Bricker, Alina | 19:06SB | 19:36 | 20:09 |
| 16 | McFarland, Lindsay | 18:10SB | 17:45 |  | 57 | Mills, Caroline | 19:26SB | 18:48 |  |
| 17 | Cassie Ricci | 18:11* |  |  | 61 | Triplett, Melissa | 19:35 | 20:55 |  |
| 18 | Harris, Mercedes | 18:13 | 18:04 |  | 62 | Meyer, Leslie | 19:39SB |  |  |
| 24 | Gessner, Lelia | 18:27* |  |  | 73 | Henson, Megan | 19:48SB | 18:42 | 19:51 |
| 30 | Fleener, Lauren | 18:59SB | 18:32 |  | 78 | Zoeckler, Susan | 19:53* |  |  |
| 38 | Shinnick-Gordon | 19:15* |  |  | 85 | Torres, Sherry | 20:11* |  |  |
| 43 | Arens, Kelsey | 19:20* |  |  | 88 | McDonough, Steph | 20:27* | 20:41 | 19:42 |
| 70 | DeMoss, Kenzie | 20:12* |  |  | 92 | O'Malley, Malinda | 20:27* |  |  |
| 86 | Verhoef, Chloe | 20:55* |  |  | 93 | Kamber, Kayla | 20:28* |  |  |
| 97 | Triplett, Elizabeth | 21:10* |  |  | 139 | Skay, Kenzie | 22:20 |  |  |
| 120 | Mallimpalli, Mary | 22:19* |  |  | 147 | Wertz, Julia | 22:34* |  |  |
| 121 | Tippe, Laurel | 22:22* |  |  | 148 | Cronbaugh, Taylor | 22:36* |  |  |
| 123 | Rodriguez, Destiny | 22:25SB | 22:29 |  | 152 | Fuller, Libby | 22:47SB | 21:17 | 21:39 |
| 125 | Sierra, Coady | 22:30* |  |  | 155 | Lehman, Laurie | 23:08* |  |  |
| 133 | Piper, Ashley | 22:56* |  |  | 165 | Averkamp, Alyx | 23:43* |  |  |
| 140 | Martin, Page | 23:58 |  |  | 168 | Gelder, Kristi | 23:54SB | 23:04 | 23:09 |
| 142 | Bates, Emmy | 24:16* |  |  | 172 | Arbuckle, Jeni | 24:13 |  |  |
| 150 | Goff, Jessica | 25:54* |  |  |  |  |  |  |  |


| Varsity (14-0) | BoldName | =Varsity | Credit | $\begin{aligned} & \hline \text { Junior } \\ & \underline{\text { Varsity(13- }} \end{aligned}$ |  | (8-1) |
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|  |  |  |  |  |  |  |
| CHS 32 | *= | Personal | Record | Naperville 26 | NapervilleNorth29 |  |
| Naperville N 56 | SB= | Season | Best | CHS 53 | CHS 51 |  |
| Xav81,101runners | runners |  |  | PV 131, 181 | Bett 77150 | runners |

