

MVC Super Meet  
 Seminole Valley Park  
 10/6/22  
 72 degrees, 15-20 mph NW wind

Place	Varsity	Time	Grade
6	Ani Wedemeyer	18:57	10
31	Nina Peterson	20:08	10
38	Nicole Peterson	20:17	10
42	Nina Kuhlmann	20:27	10
46	Erin Anderson	20:31	12
60	Elizabeth Asklof	21:08	9
70	Sophia Romero	21:20	11
71	Claire Locher	21:21	9
Place	JV	Time	Grade
8	Natalie Kuhlmann*	21:46	12
10	Avery Schultes	21:51	12
13	Sophie Stumbo	22:25	12
14	Nina Torkelson	22:27	11
18	Sydney Wilkes	22:40	12
21	Anastacia Laux	22:51	12
22	Mary Cate Pugh*	22:51	12
28	Lucy Thompson	23:24	11
33	Tehya Chandler	23:34	12
35	Bella Skay	23:43	12
50	Jennie Gidal	24:21	12
53	Wendy Buchanan*	24:33	12
88	Ada Gilchrist	29:22	11
101	Yamro Seabold	30:41	12
117	Evelyn Powers	45:48	11
Place	FRESH/SOPH	Time	Grade
12	Addi Schultes	22:34	9
16	Annabelle Stelpflug	22:52	9
20	Katiya Ellermeier	23:17	9
21	Josie LeClair	23:21	10
30	Nora Ziehr	24:05	10

32	Rachel Matel	24:16	10
37	Alma Bhandary-Narayanan	24:33	9
38	Tommy June Simmons	24:39	10
46	Caitlyn Harrison	24:59	9
51	Joanna Galluzzo	25:23	10
52	Elizabeth Gugliuzza	25:30	9
53	Elim Michael	25:35	10
56	Amal Eltayib	25:40	9
64	Lilly Rantanen	26:32	9
77	Liv Leman	27:44	10
79	Noe Richman	27:56	10
80	Kayden Jensen	27:59	10
83	Maya Hoffman	28:27	10
89	Ania Naso	28:55	10
95	Harper Bailey	29:41	9

Highlighted name = PR (personal record)

\* = SB (season best time)

Varsity race had 116 finishers

JV race had 117 finishers

Fresh/Soph race had 99 finishers

11 PR's set today!

3 Season Best times set today!

### Varsity Team Scores

1. Hempstead - 24
2. Dubuque Senior - 57
3. Cedar Falls - 125
4. Linn Mar - 126
5. Cedar Rapids Prairie - 127
6. City High - 163
7. Iowa City West - 167
8. Iowa City Liberty - 260
9. Cedar Rapids Kennedy - 278
10. Xavier Catholic - 288
11. Cedar Rapids Washington - 291
12. Wahlert Catholic - 310
13. Western Dubuque - 327
14. Cedar Rapids Jefferson - 426

### JV Team Scores

1. Hempstead - 24
2. City High - 63
3. Linn Mar - 82
4. Dubuque Senior - 95
5. Iowa City West - 138
6. Cedar Falls - 152
7. Cedar Rapids Prairie - 169
8. Xavier Catholic - 217
9. Wahlert Catholic - 256
10. Cedar Rapids Jefferson - 320

### Fresh/Soph Team Scores

1. Hempstead - 45
2. Linn Mar - 60
3. Cedar Falls - 81
4. City High - 99
5. Dubuque Senior - 104
6. Cedar Rapids Prairie - 136
7. Iowa City Liberty - 179
8. Wahlert Catholic - 219
9. Cedar Rapids Washington - 271

Varsity season record: 46-18

JV season record: 49-4

Fresh/Soph season record: 14-4

**Congratulations to Ani Wedemeyer for earning a medal in the Varsity race!**

**Congratulations to Natalie Kuhlmann, Avery Schultes, Sophie Stumbo, and Nina Torkelson for placing in the top 15 in the JV race!**

**Congratulations to Addi Schultes for placing in the top 15 in the Fresh/Soph race!**