

2007 Hawkeye Invitational

WOW! You took advantage of perfect weather and a fast course to run your best. Congratulations for your achievements!! We had 30 PRs and 26 Season's Bests. A performance like that after a hard week of practices makes it all the better. Of course *the competition will get tougher* in the weeks ahead so we cannot be complacent. Let's use the confidence gained on Saturday when we face the Trojans on Thursday at Noelridge. It will be a great opportunity for us to continue our progression toward an October peak.

	Varsity	2007	2006	2005	2004
1	Hart, Kelsey	14:57SB	15:04		15:23
3	Dlhy, Brittany	15:10SB	15:15		14:35
4	Fagan, Emily	15:13*	15:52		
5	Yagla, Jessica	15:17*	15:37		
9	Rethwisch, Rebecca	15:45*			
10	White, Cassidy	15:49SB	15:38		
13	McFarland, Lindsay	16:06*	16:36		16:53
14	Harris, Mercedes	16:10*	16:25		17:08
18	Holman, Melanie	16:14*			
19	Kregel, Hannah	16:16SB	16:22		17:08
32	Randleman, Libby	16:48			
24					
28	Junior Varsity				
1	Shinnick Gordon, Izzy	16:52*	18:52		
3	Ricci, Cassie	17:09SB	18:06		
5	Paulson, Claire	17:23*	18:32	18:49	20:23
6	Panther, Cassie	17:25SB	17:45		17:47
7	Henson, Megan	17:27*	18:45	17:35	
11	Verhoef, Chloe	17:34*	21:05		
12	Abrams, Abby	17:34*			
13	Hudachek, Danielle	17:44*			
14	Opheim, Britney	17:45*			
15	Rethwisch, Amanda	17:49SB	17:44		
16	Torres, Sherry	17:54			
20	Adderley, Eva	18:16SB	16:56	17:20	
23	Meyer, Leslie	18:22SB	19:07		18:40
24	Fleener, Lauren	18:23SB	19:06	17:50	
25	Smith, Megan	18:24SB	17:41	17:08	
26	Mallampalli, Mary	18:28*			
31	Arens, Kelsey	18:57SB	19:48		
32	De Moss, Kenzie	18:58SB			
34	Wilkinson, Ashley	19:06SB	20:14		
36	Triplett, Melissa	19:07SB	19:45	19:20	22:12
37	O'Malley, Malinda	19:12SB	20:34		
41	Bricker, Alin	19:20SB	19:07	18:25	20:42
43	Agassandian, Alice	19:23*			

	Junior Varsity(cont'd)	2007	2006	2005	2004
45	McDonough, Steph	19:32SB		19:30	19:13
46	Maize, Lauren	19:32*			
47	Pham, An	19:33SB	19:23	18:21	
48	Triplett, Elizabeth	19:36SB	20:30		
51	Cronbaugh, Taylor	19:51*	21:10		
52	Calkins, Claire	19:57*			
55	Neumann, Julia	20:24			
56	Sierra, Coady	20:32*	22:05		
57	Piper, Ashley	20:32*	23:06		
61	Rodriguez, Destiny	20:52SB	22:30	20:34	
64	Gelder, Kristi	21:02SB	24:48	21:12	22:50
66	Martin, Paige	21:19SB	22:40		
67	Graves, Susan	21:20*			
68	Titus, Katie	21:22*			
69	Fuller, Libby	21:36SB	22:03	19:52	22:35
70	Neu, Abby	21:40	22:19		
72	Mead, Mackenzie	22:06*			
73	Tippe, Laurel	22:10SB	22:04		
74	Moore, Sarena	22:51*			
75	Schallau, Emily	23:16SB		20:06	
76	Mahaffa, Maggie	23:38*			
77	Greene, Megan	24:17*			
78	Zwiener, Bri	25:46*			
79	Siegfried, Hannah	25:47*			
80	Hubbard, Claire	25:57			
81	Reyes, Stephanie	27:21*			
82	Gardner, Joan	29:45*			
	Varsity	36-2			
	CHS	22			
	Tipton	84			
	WDV 88 Regina 91				
	Dav C 119 Bett 132	61 ran			
	JV	32-1			
	CHS	22			
	WDV	33			
	Bett	210			
	82 ran				