Griak 2006

What a day it was at the Roy Griak Invitational! The previous rainy days left the course slow but it did not dampen the efforts of the Little Hawks. You ran through the mud and over the hills of the University golf course as though you had just finished a taper rather than having run a race less than 48 hours earlier. You represented our cross country team like champions. Your school should be very proud. I know I am. Thank you for your efforts. Based on comparisons with last years times for corresponding places I would subtract 30-40 seconds from this years times when comparing with the times from 2005 and 2004.

43 teams competed in the race along with 38 in the maroon race. 389 runners competed in your race. Sioux Falls Roosevelt is currently ranked fourth in the nation and second in the Heartland region. We finished ten runners before any other team and before all but three had finished seven runners! Congratulations on a job well done girls.

<u>team</u>	<u>overall</u>		<u>2006</u>	05place	<u>2005</u>	<u>2004</u>
16	18	Hart, Kelsey	19:57	79	20:29	
25	27	Sidwell, Samantha	20:07	25	19:39	19:57
34	36	Dlhy, Brittany	20:21	19	19:21	
37	39	McKay, Annie	20:24	75	20:27	20:18
49	51	Yagla, Jessica	20:31			
82	84	White, Cassie	21:02			
	99	Kregel, Hannah	21:11			
	136	Fagan, Emily	21:30			
	162	Garcia, Claudia	21:49	164	21:14	
	165	Ziegenhorn, Sarah	21:50	249	21:57	21:00
		Sioux Falls Roosevelt	151			
		City High (86-1)	161			
		Lakeville North	225			
		Chapperal	226			
		Dakota Ridge	234			
		Shakomish Washington	305			