

4A State Qualifying Meet
 10/24/19
 Birdsall Park
 Cedar Falls, IA
 48 degrees, soft & muddy conditions, 6 mph wind

Place	Athlete	Grade	Time
3	Rowan Boulter	10	19:07
6	Lilly Reynolds	11	19:41
13	Iris Wedemeyer	9	20:18
14	Erin Anderson	9	20:25
17	Mary Bounds	12	20:38
21	Lucy Corbin	10	21:10
23	Esti Brady	12	21:21

68 runners in Varsity race

* = SB (season best)

Highlighted name = PR (personal record)

Team Scores

1. DBQ Senior - 29
2. **City High - 53** (record 61-20)
3. Western DBQ - 92
4. Cedar Falls - 101
5. Ames - 125
6. CR Washington - 162
7. CR Kennedy - 214
8. Muscatine - 227
9. CR Jefferson - 260
10. Waterloo - 287

All-District Team (top 15 places)

- Rowan Boulter
- Lilly Reynolds
- Iris Wedemeyer
- Erin Anderson

Congratulations on a great district meet Little Hawks! You have been getting stronger each meet this season, and the build up to this part of the season has gone very well due to your focus, hard work, and enjoyment of racing for one another. You all studied the course well, understood how to race certain sections and executed the race plan very well. We once again were faced with a muddy XC course, but our staff wasn't concerned at all because this team embraces each challenge with a positive ferocity. We were blessed with a supportive group of 27+ teammates that came to support you tonight. I know this provided some extra spark when you raced by your teammates screaming their lungs out for you. What a special season this is shaping up to be. We have earned the opportunity to go race the best fifteen teams in the state in Fort Dodge on November 2nd. Stay focused on the task in front of you, while remembering the work you have put in. Go race hard for each other at the State Championships!!!

~On Your Wind, Do I Fly~