

District 2014

When we held our August camp qualifying for State seemed precarious to say the least. But over the course of the last 12 weeks we have shown steady improvement and the commitment needed to sustain a tradition that goes back longer than The Simpsons and portable cell phones. Congratulations to all of you for your efforts. I believe we can do even better at State but for today we will celebrate the tradition and yesterday's accomplishment, which featured great performance in both races. For the record, had we added a fifth runner in the alternate race and entered in the varsity we would have given 5th place Kennedy a run for their money.

		2014	2013	District 2012
3	Molly Shepherd	15:20	15:26	16:23
4	Mary Arch	15:27	15:34	
11	Emily Bywater	15:59		
12	Maddie Deninger#	16:02	16:58	
25	Celeste Chadwick	16:33	16:45	
27	Bridget Brown	16:34		
28	Hazel Crew#	16:38	17:47	
	#Alternates Race 2013			

Alternates Race vs. Dubuque Hempstead

1	Amelia Morrow	16:34
2	Mollie Hansen	16:34
3	Gabriel McCormick	17:00
(5)	Hailey Verdick	17:30

Bold Time=Varsity Credit

Team (68-16): West 26, **City 55**, Dubuque Hempstead 77, Cedar Falls 113, Kennedy 144, Jefferson 165, Washington 181, Western Dubuque 195, Waterloo West 258, Waterloo East 288

Alternates Race: CHS 6, Dubuque Hempstead 15 (score 3)