

## District 2008

We won yesterday the way we have won during the season, as a team. We do not feature super stars but rather thrive on depth and a strong sense of team and purpose. That was demonstrated quite vividly by our alternates putting their spikes on 5 minutes after joining the initial Varsity warm-up and racing the course while our nonparticipating teammates could be heard exhorting them on through the muddy course.....yes Claire your voice carries as well as mine! They all finished between 16:25 and 16:40. Those times would all have made any of the other teams' scoring varsities. They did this without competition other than themselves. That speaks volumes. The Varsity followed with a strong effort as well. Five in the top ten will always get it done. This team is special. Each meet different girls step up and make a difference. Yesterday Kelsey and Hannah and Lindsay showed the kind of resolve that Rebecca, Emily, Cassie and Melanie have shown throughout the season. You truly "brought the beast". We are coming together at the right time which bodes well for us. Our eight day taper will have you all ready to perform at your very best in Fort Dodge. The formula for bringing home the big trophy from Kennedy Park will be the same: combine the resolute spirit shown at PV with faith in your training since June and the willingness of each individual to be a team leader. Congratulations on a well earned District title!

3 <sup>rd</sup>	Rebecca Rethwisch	15:33
4 <sup>th</sup>	Kelsey Hart	15:41
5 <sup>th</sup>	Hannah Kregel	15:44
6 <sup>th</sup>	Emily Fagan	15:52
9 <sup>th</sup>	Lindsay McFarland	15:58
13 <sup>th</sup>	Cassidy White	16:18
15 <sup>th</sup>	Melanie Holman	16:20

### Team Scores:

<b>CHS*</b>	<b>27</b>
PV*	72
Dubuque Senior*	87
Bettendorf	100
Burlington	132
Davenport West	189
North Scott	197
Davenport North	217
Davenport Central	218
Muscatine	231

\*State Qualifiers

Individual State qualifiers: 2<sup>nd</sup> Kelsey Reagan DN 15:31, 7<sup>th</sup> Rebecca Wilder 15:53 DC, 8<sup>th</sup> Sam Cameron 15:57 Bett