## Bud Williams 2006

Meets like yesterday are hard on the old printer. I am going to run out of black ink with all the bold print required for these results $)$ ! I knew after watching the Junior High kids run that the conditions were ripe for good times and the JV confirmed it with some outstanding improvements as you can see. It is particularly gratifying to see veterans get prs and newcomers who stuck with it, even though things may have looked bleak to them in August, nail prs and season's bests. The numbers speak for themselves and the improvements are in the second column of numbers in bold print. The Varsity showed that they can push themselves in the absence of competition and after an emotionally draining weekend at Griak to prs as well. Congratulations to all, you took advantage of the good conditions and good conditioning to make this a night to remember!

|  | Varsity | 2006 |  | Uof I | $t$ trial |  | Junior Varsity | 2006 |  | Uofl | $t$ trial |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| 1 | Dlhy, Brittany | 14:43S | 32 | 15:15 | 16:37 | 31 | Hobart, Jaye | 19:05S | 66 | 20:18 | 21:53 |
| 2 | Sidwell, Samantha | 14:45* | 10 | 15:17 | 15:53 | 32 | Kamber, Kayla | 19:09* | 69 | 20:18 | 22:49 |
| 3 | Hart, Kelsey | 14:48* | 13 | 15:04 | 16:09 | 33 | Verhoef, Chloe | 19:12* | 30 | 21:05 | 25:03 |
| 4 | McKay, Annie | 15:12* | 6 | 15:25 | 16:41 | 34 | O'Malley, Malinda | 19:13* | 64 | 20:34 | 24:51 |
| 5 | White, Cassie | 15:19* | 19 | 15:38 | 16:44 | 35 | Meyer, Leslie | 19:16 |  | 19:07 | 21:35 |
| 6 | Yagla, Jessica | 15:24* | 13 | 15:37 | 16:47 | 37 | Pham, An | 19:20S | 3 | 19:23 | 21:29 |
| 7 | Fagan, Emily | 15:32* | 20 | 15:52 | 16:46 | 39 | Torres, Sherry | 19:53S | 0 |  |  |
| 9 | Ziegenhorn, Sarah | 15:41S | 43 | 16:24 | 18:09 | 43 | Cronbaugh, Taylor | 20:19* | 26 | 21:10 | 27:01 |
| 10 | Kregel, Hannah | 15:48* | 49 | 16:22 | 18:39 | 45 | Neu, Abby | 20:32* | 50 | 22:19 | 24:50 |
| 11 | Garcia, Claudia | 16:05 |  | 15:47 | 16:20 | 47 | Rodriguez, Destiny | 20:38S | 86 | 22:30 | 26:16 |
|  | Junior Varsity |  |  |  |  | 49 | Tippe, Laurel | 20:40* | 84 | 22:04 | 25:12 |
| 1 | Harris, Mercedes | 16:13* | 12 | 16:25 | 22:25 | 51 | Gelder, Krisiti | 20:44S | 79 | 24:48 | 26:10 |
| 2 | Mims, Kelsey | 16:36S | 9 | 16:45 | 19:43 | 52 | Fuller, Libby | 20:45S | 78 | 22:03 | 27:18 |
| 3 | McFarland, Lindsay | 16:42S |  | 16:36 | 18:27 | 53 | Sheets, Rosie | 20:46* | 39 | 21:49 | 26:34 |
| 4 | Adderly, Eva | 16:43S | 18 | 16:56 | 20:20 | 57 | Sierra, Coady | 21:04* | 27 | 22:05 | 26:34 |
| 5 | Smith, Megan | 16:45* | 6 | 17:41 | 18:52 | 66 | Piper, Ashley | 21:34* | 82 | 23:06 | 29:35 |
| 6 | Sabers, Molly | 16:47* | 37 | 17:42 | 19:59 | 67 | Averkamp, Alyx | 21:35* | 43 | 22:54 | 29:35 |
| 7 | Gessner, Lelia | 16:54* | 35 | 18:04 | 19:19 | 71 | Goff, Jessica | 22:08* | 143 | 24:31 | 32:23 |
| 8 | Randleman, Libby | 16:55* | 20 | 18:06 |  |  |  |  |  |  |  |
| 9 | Zimmerman, Nicki | 17:04S | 28 | 17:32 | 19:20 | Varsity |  |  |  |  |  |
| 10 | Rethwisch, Amanda | 17:17* | 19 | 17:44 | 19:12 | CHS 15 <br> Pekin 66 |  |  |  |  |  |
| 1 | Ricci, Cassie | 17:24* | 19 | 18:06 | 19:32 |  |  |  |  |  |  |
| 12 | Shinnick-Gordon, Izzy | 17:30* | 84 | 18:52 | 22:00 | CR Jefferson 78 |  |  |  |  |  |
| 13 | Panther, Cassie | 17:40S | 5 | 17:45 | 19:26 | IMS 93 |  |  |  |  |  |
| 14 | Paulson, Claire | 17:46* | 38 | 18:32 | 20:53 | 38 runners |  |  |  |  |  |
| 15 | Grady, Claire | 17:49S | 35 | 18:48 | 21:05 | Junior Varsity |  |  |  |  |  |
| 17 | Bricker, Alina | 17:58* | 24 | 19:07 | 21:10 |  |  |  |  |  |  |
| 18 | Henson, Megan | 18:02S | 15 | 18:45 | 22:05 | CHS 15 |  |  |  |  |  |
| 19 | Skay, Jessica | 18:18S | 29 | 18:37 | 22:01 | Pekin 57 |  |  |  |  |  |
| 20 | Fleener, Lauren | 18:21S | 29 | 19:06 | 21:25 | CR Jefferson 74 |  |  |  |  |  |
| 21 | Mills, Caroline | 18:23S | 28 | 18:51 | 21:09 | DM East 120 |  |  |  |  |  |
| 22 | Horras, Kylie | 18:31S | 47 | 19:13 |  | 80 runners |  |  |  |  |  |
| 23 | Triplett, Melissa | 18:36S | 69 | 19:45 | 21:48 | Bold <br> Name=VarsityCrd |  |  |  |  |  |
| 24 | DeMoss, Kenzie | 18:37S | 43 |  |  |  |  |  |  |  |  |
| 25 | Arens, Kelsey | 18:38* | 42 | 19:48 | 21:53 | *=PR |  |  |  |  |  |
| 26 | Triplett, Elizabeth | 18:45* | 41 | 20:30 | 28:48 | $\mathrm{S}=$ Season's Best |  |  |  |  |  |
| 27 | McDonough, Steph | 18:49S | 15 |  |  |  |  |  |  |  |  |
| 28 | Wilkinson, Ashley | 18:55* | 23 | 20:14 | 24:36 |  |  |  |  |  |  |
| 29 | Zoeckler, Susan | 19:01* | 37 | 20:22 | 23:07 |  |  |  |  |  |  |

