

# Average times per place at the Iowa High School State XC Championships

| Place at State | 2015  | 2016  | 2017  | 2018  | 2019  | 2020  | 2021  | 2022  | Avg. Time |
|----------------|-------|-------|-------|-------|-------|-------|-------|-------|-----------|
| 1              | 17:55 | 18:06 | 18:04 | 18:03 | 17:23 | 18:08 | 17:55 | 17:41 | 17:54     |
| 2              | 18:21 | 18:10 | 18:19 | 18:28 | 17:44 | 18:18 | 18:14 | 18:01 | 18:11     |
| 3              | 18:26 | 18:30 | 18:31 | 18:43 | 18:07 | 18:20 | 18:18 | 18:03 | 18:22     |
| 4              | 18:36 | 18:38 | 18:44 | 18:50 | 18:18 | 18:20 | 18:23 | 18:07 | 18:29     |
| 5              | 18:37 | 18:50 | 18:48 | 18:51 | 18:31 | 18:21 | 18:24 | 18:15 | 18:34     |
| 10             | 18:50 | 18:59 | 18:53 | 19:00 | 18:48 | 18:40 | 18:57 | 18:34 | 18:50     |
| 15             | 19:00 | 19:03 | 19:10 | 19:15 | 18:53 | 19:10 | 19:13 | 18:48 | 19:04     |
| 20             | 19:08 | 19:15 | 19:23 | 19:34 | 19:06 | 19:24 | 19:19 | 19:15 | 19:18     |
| 25             | 19:19 | 19:23 | 19:26 | 19:43 | 19:14 | 19:31 | 19:29 | 19:36 | 19:27     |
| 30             | 19:22 | 19:29 | 19:29 | 19:47 | 19:24 | 19:37 | 19:33 | 19:38 | 19:32     |
| 40             | 19:32 | 19:36 | 19:42 | 19:56 | 19:41 | 19:47 | 19:49 | 19:56 | 19:44     |
| 50             | 19:44 | 19:48 | 19:50 | 20:08 | 19:47 | 19:56 | 20:06 | 20:03 | 19:55     |
| 60             | 19:56 | 19:58 | 20:00 | 20:16 | 19:59 | 20:05 | 20:15 | 20:11 | 20:05     |
| 70             | 20:02 | 20:09 | 20:06 | 20:22 | 20:11 | 20:15 | 20:28 | 20:19 | 20:14     |
| 80             | 20:11 | 20:18 | 20:12 | 20:30 | 20:19 | 20:28 | 20:37 | 20:42 | 20:24     |
| 90             | 20:24 | 20:35 | 20:17 | 20:49 | 20:28 | 20:46 | 20:49 | 20:51 | 20:37     |
| 100            | 20:34 | 20:48 | 20:33 | 20:58 | 20:42 | 20:56 | 21:09 | 21:04 | 20:50     |