

PL	VAR TEAM SCORES	2016 SCORE (15/14/13)		PL	FS TEAM SCORES	2016 SCORE (15/14/13)	
1	DUB Hempstead	70(159/91/118)	96	1	IC West	53(102/78/151)	224
2	CR Prairie	78(34/58/58)	Runners	2	<b>CITY HIGH</b>	<b>91(71/103/74)</b>	Runners
3	Cedar Falls	99(28/68/72)		3	CR Prairie	99(61/80/109)	
4	IC West	110(124/115/137)	*VAR	4	DUB Hempstead	108(82/174/108)	
5	CR Washington	112(190/171/242)	CREDIT	5	Cedar Falls	132(98/132/30)	
6	<b>CITY HIGH</b>	<b>131(177/171/162)</b>		6	DUB Senior	135(180/105/103)	
7	Linn-Mar	165(109/66/42)		7	CR Kennedy	140(340/227/299)	
8	DUB Senior	169(127/167/141)		8	DUB Wahlert	149(203/INC/264)	
9	DUB Wahlert	215(343/274/256)		9	Linn-Mar	257(124/134/80)	
10	CR Kennedy	226(347/293/306)		10	CR Washington	294(289/162/286)	
11	CR Xavier	340(282/362/230)		11	CR Jefferson	306(304/353/DNC)	
12	Waterloo West	345(195/328/281)			Waterloo East	DNC(411/276/INC)	
13	CR Jefferson	365(348/357/392)			Waterloo West	DNC(DNC/DNC/DNC)	
14	Waterloo East	462(470/463/454)			CR Xavier	DNC(322/367/361)	
PL	2016 TIME(15/14/13)PR	NAME/GRADE	SPLITS	PL	2016 TIME(15/14/13)PR	NAME/GRADE	SPLITS
12	16:03(DNR/DNR/17:57) <b>16:36</b>	*Berg, Michael SR	5:11/5:03	4	17:09 <b>17:07</b>	Taylor, Matt FR	5:14/5:35
14	16:06(16:40/16:55/17:39) <b>16:16</b>	*Dodge, Matthew SR	5:13/5:08	11	17:28(18:13) <b>17:36</b>	Shabani, Olivier SO	5:14/5:35
33	16:32(17:07/18:35) <b>16:57</b>	*Firmstone, Lucas JR	5:16/5:20	15	17:33 <b>18:06</b>	Kabat, Noah FR	5:39/5:35
35	16:37 <b>17:06</b>	*Turnbough, Caden FR	5:16/5:20	31	18:07(18:55) <b>18:38</b>	Simmons, Tim SO	5:56/5:48
37	16:38(DNR/DNR) <b>17:07</b>	*Strang, Robbie JR	5:16/5:23	32	18:08(18:14) <b>17:26</b>	Brown, Jonathan SO	5:44/5:55
41	16:45(17:08/17:31/19:04) <b>16:40</b>	*Taylor, Michael SR	5:16/5:23	37	18:13(18:52) <b>18:15</b>	Jones, Owen SO	5:54/5:45
46	16:51(17:49/DNR) <b>17:00</b>	*Max, Quenton JR	5:17/5:25	43	18:24 <b>19:06</b>	McMillian, Thomas FR	5:55/5:57
				46	18:29 <b>18:16</b>	Wilkes, Mitchell FR	5:56/5:55
PL	JV TEAM SCORES	2016 SCORE (15/14/13)		PL	2016 TIME(15/14/13)PR	NAME/GRADE	SPLITS
1	<b>CITY HIGH</b>	<b>51(42/106/119)</b>	197	47	18:30(20:06) <b>18:29</b>	Maxwell, Charles SO	5:54/5:50
2	IC West	60(86/137/93)	Runners	48	18:33 <b>18:51</b>	Weaver, Noah FR	5:49/6:02
3	Linn-Mar	84(160/23/59)		63	18:47 <b>19:24</b>	Hynick, Ryan FR	5:54/5:58
4	CR Prairie	85(89/152/161)		64	18:48 <b>19:43</b>	Bormann, Garrett FR	6:06/6:02
5	Cedar Falls	115(139/97/152)		67	18:49 <b>19:46</b>	Schuessler, Joe FR	5:42/6:12
6	CR Kennedy	156(320/299/307)		79	19:03(21:04) <b>19:39</b>	Fletcher, Josh SO	6:12/6:09
7	DUB Hempstead	168(240/154/55)		84	19:10 <b>19:37</b>	Cornell, Paul FR	6:08/6:10
8	DUB Senior	202(47/101/115)		90	19:16(21:20) <b>19:46</b>	Lie, Anders SO	6:05/6:16
9	CR Xavier	282(317/311/318)		109	19:33(22:05) <b>20:17</b>	Smith, Simeon SO	6:04/6:23
10	CR Washington	299(270/288/252)		110	19:35(DNR) <b>20:35</b>	Traore, Samba SO	6:16/6:16
11	Waterloo West	325(284/262/262)		113	19:40(21:15) <b>20:09</b>	Ceynar, Ryan SO	6:07/6:22
12	CR Jefferson	340(258/286/323)		115	19:43 <b>20:09</b>	Horwitz, Sam FR	6:11/6:24
13	Waterloo East	410(DNC/DNC/INC)		116	19:45 <b>20:23</b>	Walsh, Barrett FR	6:11/6:20
	DUB Wahlert	INC(268/284/295)		117	19:48(20:32) <b>18:39</b>	Brown, Daniel SO	5:59/6:25
				120	19:54(21:28) <b>21:07</b>	Rouabhi, Younes SO	6:22/6:23
				128	20:07(19:51) <b>19:43</b>	Anderson, Eli SO	6:37/6:42
PL	2016 TIME(15/14/13)PR	NAME/GRADE	SPLITS	129	20:08(21:14) <b>20:34</b>	Sotelo, Keegan SO	6:14/6:31
5	17:19(17:33/DNR) <b>17:26</b>	Rethwisch, JP JR	5:25/5:33	130	20:08 <b>21:02</b>	Ojile, Atticus FR	6:22/6:32
7	17:20(19:10/19:40) <b>17:58</b>	Momberg, James JR	5:34/5:41	133	20:12(21:28) <b>20:30</b>	Basan, Ama SO	6:16/6:30
9	17:23(18:49/21:14) <b>17:33</b>	Cochran, Nolan JR	5:26/5:34	135	20:20 <b>20:50</b>	Carter, Ryan FR	6:17/6:35
12	17:33(18:22) <b>17:55</b>	Baldwin, Jordan SR	5:37/5:41	136	20:22 <b>20:58</b>	Geerdes, John SO	6:32/6:38
18	17:42(18:51/19:01) <b>17:59</b>	Weigel, Gabriel JR	5:33/5:39	138	20:24 <b>19:46</b>	Anderson, Kelby FR	6:06/6:06
26	17:53(18:40/20:25) <b>18:03</b>	Lucas, Jarren SR	5:34/5:46	152	20:46 <b>21:47</b>	Gustafson, Arvid SO	6:21/6:42
28	17:57(18:46/20:26) <b>18:21</b>	Momberg, John JR	5:35/5:47	155	20:49(20:09) <b>19:23</b>	Morelli, Ollie SO	6:34/6:44
36	18:06(18:04/18:10/18:26) <b>17:29</b>	Bergman-Corbet, Emi SR	5:48/5:53	163	21:04 <b>21:13</b>	Kraus, Owen SO	6:42/6:51
47	18:24(19:39/21:56) <b>19:17</b>	Ballard, Jack SR	5:59/5:56	171	21:26 <b>21:50</b>	Bouska, Jacob FR	6:44/6:44
61	18:38(19:38/19:51/ILL) <b>19:15</b>	Wortman, Dean JR	5:57/6:11	173	21:31 <b>23:20</b>	Tomek, Elliot FR	6:57/6:50
63	18:41(20:20/21:11) <b>18:45</b>	Muckler, John JR	5:57/6:00	176	21:36 <b>22:56</b>	Seamans, AJ FR	6:57/6:54
65	18:42(18:22/DNR) <b>18:15</b>	Parr, Jared JR	5:51/6:03	180	21:45 <b>22:29</b>	Hornbuckle, Franklin FR	7:03/7:02
84	19:20(DNR/20:38/20:10) <b>20:10</b>	Trana, Tim SR	6:08/6:10	182	21:49 <b>22:51</b>	Barron, Liam FR	6:57/7:02
86	19:21(20:56/21:18) <b>19:13</b>	Martin, Will JR	6:03/6:20	185	22:00 <b>22:54</b>	McWane, Steven FR	6:56/7:08
88	19:22(19:28/21:10/23:25) <b>19:22</b>	Turnbough, Keegan SR	6:07/6:05	192	22:20 <b>23:14</b>	Swisher-Hintz, Nathan FR	7:01/7:25
103	19:41(20:32/20:33/22:59) <b>19:18</b>	Tomek, Sam SR	6:22/6:22	195	22:26 <b>22:28</b>	Keasler, Blake SO	7:11/7:15
129	20:43(21:02/23:56) <b>20:54</b>	Brook, Jonah JR	6:38/6:39	196	22:28(23:57) <b>23:15</b>	Rocca, Phillip SO	7:13/7:19
145	21:29(21:44) <b>21:27</b>	Henrichs, Miles SR	6:47/7:03	204	22:57(25:42) <b>21:30</b>	Seabold, Nicholas SO	7:20/7:43
174	22:45(24:22/24:48) <b>23:17</b>	Gredell, Nelson JR	6:59/7:27				
181	23:12(23:42/22:47/23:38) <b>21:28</b>	Cremers, Nathan SR	7:03/7:34				
189	24:50	Bachu, Khurt JR	7:20/8:03				
195	32:14 <b>34:54</b>	Motto, Jack SO	x/x				
197	36:25(28:21) <b>28:07</b>	Hanson, Evan SO	x/x				
					<b>AVE TIMES</b>	<b>TIME SPREAD</b>	
					<b>2016(15/14/13)</b>	<b>2016(15/14/13)</b>	
					V 1-5 is 16:23 & 1-7 is 16:30	V 1-5 is 35(28/59/46)	
					16:23(17:01/17:09/16:41)	1-7 is 48(30/89/80)	
					JV 1-5 is 17:27 & 1-7 is 17:35	JV 1-5 is 23(34/34/88)	
					17:27(17:38/18:29/18:07)	1-7 is 38(67/43/110)	
					FS 1-5 is 17:41 & 1-7 is 17:53	FS 1-5 is 59(41/51/44)	
					17:41(18:00/18:35/17:54)	1-7 is 75(56/90/48)	
					<b>16-15 TIMES 32 OF 41</b>	<b>RUNNERS IMPROVED!</b>	
					<b>48 PR's SET!</b>		

<b>DID NOT RUN</b>		<b>DID NOT RUN</b>	
DNR(DNR/18:47/DNR) <b>17:55</b>	Morgan, Caleb <b>SR</b>	DNR(18:48) <b>18:35</b>	Brands, Tommy <b>SO</b>
DNR <b>19:40</b>	Bader, Yuseph <b>SR</b>	DNR <b>22:06</b>	Leopold, Oisin <b>FR</b>
DNR(17:37/DNR/19:24) <b>17:47</b>	McMillan, Jim <b>SR</b>	DNR <b>21:15</b>	Cochran, Satchel <b>FR</b>
DNR(23:31) <b>22:51</b>	Page, Aiden <b>SR</b>	DNR(DNR) <b>20:26</b>	Pacheco, Jose <b>SO</b>
DNR(18:10/DNR)	Usachev, Andrew <b>JR</b>	DNR <b>33:30</b>	Cleveland, Ben <b>FR</b>
DNR(21:26/20:09) <b>17:56</b>	Swain, Max <b>JR</b>	DNR(25:25) <b>22:32</b>	Morphew, Tony <b>SO</b>
DNR <b>21:58</b>	Thompson, Rex <b>SR</b>	DNR <b>22:09</b>	Trujillo, Anthony <b>FR</b>
DNR <b>22:32</b>	Wells, Trajan <b>SR</b>	DNR <b>19:23</b>	Vogelgesang, Griffen <b>FR</b>
DNR(DNR/22:56) <b>21:29</b>	Herreweyers, Nathan <b>SR</b>	DNR <b>22:31</b>	Hassan, Yasar <b>SO</b>