**CITY HIGH BOYS XC HEARTLAND @ ISU-Sept 16, 2017 Varsity 53-20 JV 40-8 FS 21-6**

|  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- |
| **PL** | **VAR TEAM SCORES** | **2017 SCORE (16/15/14)** |  | **PL** | **JV 1 TEAM SCORES** | **2017 SCORE (16/15/14)** |  |
| **1** | Edina, MN | 84(108/81) |  | **1** | Edina, MN | 35(19/28) |  |
| **2** | Stillwater, MN | 100 |  | **2** | Johnston | 64(139/203) |  |
| **3** | St Thomas Aquinas, MN | 152(107/DNR) |  | **3** | Dowling | 104(92/135) |  |
| **4** | Dowling | 178(165/96) |  | **4** | Freemont, NE | 108 |  |
| **5** | Lincoln,SW, NB | 202 |  | **5** | Waukee | 161(128/200) |  |
| **6** | Papillion-Lavista, NE | 210 |  | **6** | St Thomas Aquinas, MO | 182 |  |
| **7** | CR Prairie | 237(251/130) |  | **7** | **Iowa City High** | **216(216/168)** |  |
| **8** | Johnston | 272(340/214) |  | **8** | Iowa City West | 227(206/133) |  |
| **9** | Dubuque Hempstead | 276(233/DNR) |  | **9** | CR Prairie | 244(219/42) |  |
| **10** | Fremont, NE | 316(130/227) |  | **10** | Valley, WDM | 290(102/179) |  |
| **11** | Valley, WDM | 364(214/364) |  | **11** | CR Washington | 290(398/DNR) |  |
| **12** | Ankeny Centennial | 369(554/DNR) |  | **12** | Linn-Mar | 308(320/237) |  |
| **13** | **Iowa City High** | **369(335/334)** |  | **13** | Gilbert | 324(349/430) |  |
| **14** | Waukee | 396(328/272) |  | **14** | Ankeny Centennial | 378(418/DNR) |  |
| **15** | Iowa City West | 396(361/267) |  | **15** | DM Roosevelt | 445(483/435) |  |
| **16** | Blue Valley SW, KS | 414 |  | **16** | Blue Valley SW, KS | 488 |  |
| **17** | Linn-Mar | 429(317/379) |  | **17** | Indianola | 508(539/453) |  |
| **18** | Gilbert | 429(488/585) |  | **18** | Pella | 554(533/425) |  |
| **19** | Omaha Central, NE | 451(359/DNR) |  | **19** | Gretna | 597 |  |
| **20** | Shawnee Mission NW, KS | 480(635/INC) |  | **20** | DM Lincoln | 633(332/596) |  |
| **21** | Sious City North | 569 |  | **21** | DM Hoover | 658 |  |
| **22** | Sioux Falls Rose, SD | 594(306/258) |  |  |  |  |  |
| **23** | Indianola | 607(541/359) |  |  | **194 Runners** | **+ INC TEAMS** |  |
| **24** | Gretna | 632 |  |  |  |  |  |
| **25** | Marion | 656(446/DNR) |  | **PL** | **NAME/GRADE** | **2017 TIME(16/15/14)PR** | **SPLITS** |
| **26** | DM Roosevelt | 662(720/479) |  | **16** | \*Brown, Jonathan **JR** | **17:58(17:57**-17:28/20:20)**17:26** | 5:27/5:47 |
| **27** | Shawnee Mission S, KS | 667(651/528) |  | **41** | \*Wilkes, Mitchell **SO** | **18:26(18:48**-18:18) **17:35** | 5:38/5:52 |
| **28** | Blue Valley W, KS | 695 |  | **42** | \*Andre Miller **FR** | **18:2717:53** | 5:31/5:49 |
| **29** | DM Lincoln | 737 |  | **52** | \*Traore, Samba **JR** | **18:39**(NR) **17:56** | 5:38/5:59 |
| **30** | Pella | 820(540/385) |  | **65** | Cochran, Nolan **SR** | **18:52 18:01**-17:32(20:15) **17:23** | 5:38/5:59 |
| **31** | DM Hoover | 965(982/806) |  | **72** | Firmstone, Lucas **SR** | **18:59(17:19**-16:51/18:32) **16:25** | 5:31/6:02 |
| **32** | DM North | 1038(1005/800) |  | **82** | Parr, Jared **SR** | **19:15**(NR/19:22) **17:54** | 5:38/6:10 |
|  |  | **2016 -130m short course** |  | **107** | Weigel, Gabriel **SR** | **19:24(18:51**-18:20/19:11)**17:42** | 5:44/6:04 |
|  |  | **2017 +32m long & dif course** |  | **112** | Kabat, Noah **SO** | **19:31(18:55**-18:24)**17:33** | 5:44/6:16 |
|  |  |  |  | **123** | Weaver, Noah **SO** | **19:42(19:29**-18:57) **18:12** | 5:48/6:17 |
|  | **218 Runners** | **\*VAR CREDIT** |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
| **PL** | **NAME/GRADE** | **2017 TIME(16/15/14)PR** | **SPLITS** |  |  |  |  |
| **46** | \*Strang, Robbie **SR** | **17:14(17:28**-17:00/20:08)**16:21** | **5:07/5:28** |  |  |  |  |
| **50** | \*Max, Quenton **SR** | **17:17(17:00**-16:32/18:13)**16:32** | **5:10/5:25** |  |  |  |  |
| **73** | \*Momberg, James **SR** | **17:24** (NR/NR) **16:54** | **5:08/5:36** |  |  |  |  |
| **96** | \*Turnbough, Caden **SO** | **17:40(17:07**-16:39) **16:21** | **5:02/5:33** |  |  |  |  |
| **123** | \*Jones, Owen **JR** | **17:56(18:17**-17:47/20:51)**17:22** | **5:23/5:44** |  |  |  |  |
| **145** | \*Maxwell, Charles **JR** | **18:20(18:35**-18:05/20:51)**17:30** | **5:18/5:44** |  |  |  |  |
| **163** | \*Rethwisch, JP **SR** | **18:39(17:55**-17:26/18:39)**17:19** | **5:17/5:58** |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  | **8 PRs Set** |  |  |  |  |  |
|  | **NA RUNNERS** | **IMPROVED 2016-17!** |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  | **2017(16/15/14)** | **2017(16/15/14)** |  |  |  |  |  |
|  | V 1-5 is 32 & 1-7 is 85 | V 1-5 is 17:28 & 1-7 is 17:46 |  |  |  |  |  |
|  | (37/66) | (16:52-16:23/17:41) |  |  |  |  |  |
|  | JV1 1-5 is 54 & 1-7 is 77 | JV 1-5 is 18:27 & 1-7 is 18:39 |  |  |  |  |  |
|  | (49/63) | (17:54-17:26/18:47) |  |  |  |  |  |
|  | FS/JV2 1-5 is 39 & 1-7 is 51 | FS 1-5 is 19:09 & 1-7 is 19:17 |  |  |  |  |  |
|  | (50/45) | (18:20-17:52/18:35) |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
| **PL** | **FS/JV TEAM SCORES** | **2017 SCORE (16/15/14)** |  | **PL** | **NAME/GRADE** | **2017 TIME(16/15/14)PR** | **SPLITS** |
| **1** | Edina, MN | 84 |  | **10** | \*Hotka, Kyden **FR** | **18:4918:34** | 5:43/6:10 |
| **2** | St. Thomas Aquinas | 152 |  | **18** | Momberg, John **SR** | **19:10(18:40**-18:10/20:05)**17:45** | 5:31/6:13 |
| **3** | Dowling | 178 |  | **21** | Swain, Max **SR** | **19:11(17:56**-17:27/19:02)**17:35** | 5:42/6:08 |
| **4** | CR Prairie | 237 |  | **26** | Pongo, Blessings **FR** | **19:2018:42** | 5:53/6:13 |
| **5** | Johnston | 272 |  | **32** | Wortman, Dean **SR** | **19:28(20:13**-19:40/20:50) **18:38** | 5:46/6:18 |
| **6** | Valley, WDM | 364 |  | **33** | Ojile, Atticus **SO** | **19:34(20:57**-20:23) **18:54** | 5:40/6:22 |
| **7** | Ankeny Centennial | 369 |  | **34** | Usachev, Andrew **SR** | **19:40** (NR) **17:53** | 5:40/6:22 |
| **8** | **Iowa City High** | **388** |  | **47** | Weeks, Andrew **FR** | **19:4119:44** | 5:55/6:03 |
| **9** | Waukee | 396 |  | **49** | Daniel Marchini **FR** | **19:4219:59** | 5:42/6:24 |
| **10** | Iowa City West | 396 |  | **55** | McMillan, Thomas **SO** | **19:50(20:02**-19:29) **18:24** | 6:07/6:23 |
| **11** | Linn-Mar | 429 |  | **61** | Hassan, Yasar **JR** | **19:57(23:06**-22:28) **19:16** | 5:55/6:25 |
| **12** | Gilbert | 429 |  | **75** | Rouabhi, Younes **JR** | **20:10(21:07**-20:33/23:51)**19:25** |  |
| **13** | Shawnee Mission NW, KS | 480 |  | **91** | Martin, Will **SR** | **20:20(19:45**-19:13/22:14)**19:14** | 5:55/6:35 |
| **14** | Indianola | 607 |  | **100** | Fletcher, Josh **JR** | **20:29(20:03**-19:30/22:26)**19:03** |  |
| **15** | DM Lincoln | 737 |  | **101** | Soren Ostby **FR** | **20:30 19:41** |  |
|  |  |  |  | **104** | Barron, Liam **SO** | **20:33(2:12**-22:34)**19:47** |  |
|  | **429 Runners** | **+ INC TEAMS** |  | **105** | Ceynar, Ryan **JR** | **20:33(20:42**-20:09/DNR)**19:30** |  |
|  |  |  |  | **119** | Oliver Bostian **FR** | **20:4219:49** |  |
|  |  |  |  | **121** | Lie, Anders **JR** | **20:44(20:18**-19:45/22:11)**19:16** |  |
|  |  |  |  | **129** | Carter, Ryan **SO** | **20:54(22:27**-21:51) **20:03** |  |
|  |  |  |  | **134** | Cornell, Paul **SO** | **20:56(20:38**-20:04) **19:10** |  |
|  |  |  |  | **135** | Gustar, Champlin **SO** | **20:58 20:49** |  |
|  |  |  |  | **143** | Anderson, Kelby **SO** | **21:01(19:49**-19:17) **19:14** |  |
|  |  |  |  | **144** | Cochran, Satchel **SO** | 21:04(NR) **19:55** |  |
|  |  |  |  | **145** | Schuessler, Joe **SO** | **21:05(20:11**-19:38) **18:49** |  |
|  |  |  |  | **162** | Sotelo, Keegan **JR** | **21:19(20:53**-20:19/22:37) **20:08** |  |
|  |  |  |  | **163** | Hornbuckle, Franklin **SO** | **21:19(23:07**-22:29)**20:53** |  |
|  |  |  |  | **175** | Balestrieri-Fox, Ilario **FR** | **21:2420:46** |  |
|  |  | **DID NOT RUN** |  | **183** | Gaber,Bigad **FR** | **21:2820:58** |  |
|  | Muckler, John **SR** | NR **(18:45**-18:15/20:15)**18:10** |  | **186** | Joe Fischer **FR** | **21:3219:58** |  |
|  | Thomas, Eric **SR** | NR (NR/18:58) **17:18** |  | **189** | Evan McElroy **FR** | **21:3420:45** |  |
|  | Keffala-Gehard, David **SR** | NR **21:33** |  | **190** | Walsh,Barret **SO** | **21:35(21:42**-21:07) **19:45** |  |
|  | Strathearn, Jacob **JR** | NR **24:42** |  | **222** | Bouska, Jacob **SO** | **22:07(21:50**-21:16) **20:50** |  |
|  | Anderson, Eli **JR** | NR **(20:49**-20:15/21:02) **19:43** |  | **240** | Brook, Jonah **SR** | **22:15(21:02**-20:28) **20:43** |  |
|  | Patterson, Drake **JR** | NR |  | **247** | Tomek, Elliot **SO** | **22:26(23:36**-22:58) **21:31** |  |
|  | Shabani, Olivier **JR** | NR **(17:36**-17:07/19:10) **17:08** |  | **264** | Gustafson, Arvid **JR** | **22:41(21:47**-21:13)**20:22** |  |
|  | Hanson, Evan **JR** | NR (NR/32:03) **28:07** |  | **272** | Spurgetis, Aiden **FR** | **22:44 23:40** |  |
|  | Motto, Jack **JR** | NR **32:14** |  | **273** | Romey Angerer **FR** | **22:45 21:17** |  |
|  | Fallon, Kahleb **JR** | NR **20:19** |  | **276** | Harvey, Quinter **FR** | **22:45 21:23** |  |
|  | Smith, Simeon **JR** | (NR/NR) **18:256** |  | **286** | Seabold, Nicholas **JR** | **22:55(23:03**-22:25/26:09) **21:30** |  |
|  | Ceynar, Ryan **JR** | NR **(20:42**-20:09/DNR)**19:30** |  | **288** | Arling, Will **FR** | **22:56 23:12** |  |
|  | Brown, Daniel **JR** | NR **(20:58**-20:24/19:59) **18:31** |  | **298** | Ramirez, Demetrius **SO** | **23:07 23:28** |  |
|  | Taylor, Matt **SO** | NR **(18:16**-17:46)**17:07** |  | **299** | Morelli, Ollie **JR** | **23:08 (20:51**-20:17/21:01) **19:23** |  |
|  | Seamans, AJ **SO** | NR **(24:14**-23:35)**21:36** |  | **319** | Ethan, Hudson **SO** | **23:23 22:55** |  |
|  | Rew, Matt **SO** | NR **19:35** |  | **324** | Rocca, Philip **JR** | **23:34 (25:36**-24:54/25:46)**22:28** |  |
|  | Leopold, Oisin **SO** | NR **21:22** |  | **330** | Ashitey, Gabriel **FR** | **23:44 23:27** |  |
|  | Joe Simmons **FR** |  |  | **339** | Wargo, Jonathon **SO** | **23:51 22:42** |  |
|  | Garces, Eduardo **FR** | NR **20:09** |  | **346** | Beerends, Hayden **FR** | **24:05 23:28** |  |
|  | Sam Strathern **FR** | NR **23:49** |  | **353** | Omar Paz **FR** | **24:22 23:31** |  |
|  | Sebastian Loria-Eivins **FR** | NR **19:52** |  | **363** | Chea, Sokong **FR** | **24:38 26:25** |  |
|  | Jacob Doyle **FR** | NR **25:42** |  | **364** | Gredell, Nelson **SR** | **24:42 (23:50**-23:11/26:01) **22:11** |  |
|  | Smith, Lance **FR** | NR **22:21** |  | **391** | Mildestein, Henry **FR** | **25:44 24:58** |  |
|  | Doak Allgood **FR** | NR **27:10** |  | **416** | Noah Hartwig **FR** | **27:45 28:41** |  |
|  | Kyle McDowell **FR** | NR **24:08** |  | **426** | Max Stelzer **FR** | **29:54 29:44** |  |
|  |  |  |  | **427** | Ben, Cleveland **SO** | **30:12** (NR) **33:30** |  |
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