

CITY HIGH BOYS XC HEARTLAND @ ISU-Sept 17, 2016

Varsity 50-20

JV 45-8

FS 21-7

PL	VAR TEAM SCORES	2016 SCORE (15)		PL	FS/JV TEAM SCORES	2016 SCORE (15)	
1	St Thomas Aquinas, MN	107(DNR)		1	Edina, MN	19(28)	
2	Edina, MN	108(81)		2	Dowling	92(135)	
3	Fremont, NE	130(227)	206	3	Valley, WDM	102(179)	670
4	Dowling	165(96)	Runners	4	Waukee	128(200)	Runners
5	Pleasant Valley	199(125)		5	Johnston	139(203)	
6	Valley, WDM	214(364)		6	Iowa City West	206(133)	
7	Dubuque Hempstead	233(DNR)		7	Iowa City High	216(168)	
8	CR Prairie	251(130)		8	CR Prairie	219(42)	
9	Millard West, NE	270(DNR)		9	Ames	291(404)	
10	Johnston	340(214)		10	Shawnee Mission NW, KS	315(326)	
11	Sioux Falls Roosevelt, SD	306(258)		11	Linn-Mar	320(237)	
12	Linn-Mar	317(379)		12	DM Lincoln	332(596)	
13	Waukee	328(272)		13	Gilbert	349(430)	
14	Iowa City High	335(334)		14	CR Washington	398(DNR)	
15	Omaha Central, NE	359(DNR)		15	Ankeny Centennial	418(DNR)	
16	Iowa City West	361(267)		16	Bettendorf	473(DNR)	
17	Marion	446(DNR)		17	DM Roosevelt	483(435)	
18	Gilbert	488(585)		18	Marion	522(DNR)	
19	Pella	540(385)		19	Pella	533(425)	
20	Indianola	541(359)		20	Indianola	539(453)	
21	Ankeny Centennial	554(DNR)		21	Roland Story	712(557)	
22	Ames	622(426)			Sioux Falls Roosevelt, SD	St. Thomas Aquinas	INC
23	Shawnee Mission NW, KS	635(INC)			5K-4870m short course		
24	Shawnee Mission S, KS	651(528)		PL	2016 TIME(15/14/13)PR	NAME/GRADE	SPLITS
25	Olathe Northwest, KS	697(554)		20	17:28-17:00(20:08) 17:56	*Strang, Robbie JR	5:26/5:49
26	DM Roosevelt	720(479)		52	17:55-17:26(18:39) 17:26	Rethwisch, JP JR	5:28/6:05
27	CR Washington	759(DNR)		56	17:56-17:27(19:02) 18:25	Swain, Max JR	5:40/5:56
28	Bettendorf	808(449)		61	17:57-17:28(20:20) 17:55	Brown, Jonathan SO	5:55/5:59
29	Roland Story	895(734)	*VAR	72	18:01-17:32(20:15) 17:59	Cochran, Nolan JR	5:28/6:03
30	DM Hoover	982(806)	CREDIT	90	18:16-17:46 18:23	Taylor, Matt FR	5:41/6:08
31	DM North	1005(800)		93	18:17-17:47(20:51) 18:40	Jones, Owen SO	6:01/6:01
	5K-4870m short course			101	18:19-17:49(19:38) 18:15	Baldwin, Jordan SR	5:48/6:07
PL	2016 TIME(15/14/13)PR	NAME/GRADE	SPLITS	110	18:24-17:54(19:42) 18:11	Lucas, Jarren SR	5:44/6:13
39	16:29-16:02(16:57)16:16	*Dodge, Matthew SR	5:13/5:34	123	18:35-18:05(20:51) 19:09	Maxwell, Charles SO	5:45/6:14
44	16:36-16:09(DNR) 16:36	*Berg, Michael SR	5:07/5:35	134	18:40-18:10(20:05) 18:28	Momberg, John JR	5:49/6:14
79	17:00-16:32(18:05) 16:40	*Taylor, Michael SR	5:15/5:45	150	18:45-18:15(20:15) 19:00	Muckler, John JR	5:54/6:20
80	17:00-16:32(18:13) 17:16	*Max, Quenton JR	5:20/5:43	156	18:48-18:18 19:20	Wilkes, Mitchell FR	6:01/6:18
93	17:07-16:39 17:37	*Turnbough, Caden FR	5:21/5:46	160	18:51-18:20(19:11)17:59	Weigel, Gabriel JR	5:55/6:12
116	17:19-16:51(18:32) 16:57	*Firmstone, Lucas JR	5:21/5:49	174	18:55-18:24	Kabat, Noah FR	5:52/6:21
132	17:36-17:07(19:10) 17:41	*Shabani, Olivier SO	5:23/5:56	237	19:26-18:54(20:49) 19:17	Ballard, Jack SR	5:48/6:36
				245	19:29-18:57 19:33	Weaver, Noah FR	6:02/6:33
				246	19:32-19:00(19:50)17:29	Bergman-Corbet, Emi SR	5:53/6:31
				273	19:45-19:13(22:14) 19:53	Martin, Will JR	6:05/6:41
	AVE TIMES	TIME SPREAD		285	19:49-19:17 20:22	Anderson, Kelby FR	6:23/6:34
	2016(15/14/13)	2016(15/14/13)		298	19:56-19:24(18:50) 17:55	Morgan, Caleb SR	5:30/6:40
	V 1-5 is 16:23 & 1-7 is 16:32	V 1-5 is 37 & 1-7 is 65		305	19:59-19:27(21:14)18:38	Simmons, Tim SO	6:22/6:45
	16:52-16:23(17:41)	38-37(66)		309	20:02-19:29	McMillian, Thomas FR	6:17/6:41
	JV 1-5 is 17:26 & 1-7 is 17:46	JV 1-5 is 49 & 1-7 is 70		312	20:03-19:30(22:26)20:13	Fletcher, Josh SO	6:38/6:29
	17:54-17:26(18:47)	51-49(63)		320	20:11-19:38 20:47	Schuessler, Joe FR	6:32/6:30
	FS 1-5 is 17:52 & 1-7 is 18:06	FS 1-5 is 50 & 1-7 is 89		323	20:13-19:40(20:50) 19:35	Wortman, Dean JR	6:16/6:46
	18:20-17:52(18:35)	51-50(45)		329	20:16-19:43 22:10	Hynick, Ryan FR	6:31/6:34
				335	20:18-19:45(22:11)20:30	Lie, Anders SO	6:25/6:43
	16-15 TIMES 34 OF 38	RUNNERS IMPROVED!		351	20:26-19:53 20:44	Vogelgesang, Griffen FR	6:35/6:48
	35 PR's SET!			365	20:38-20:04 20:57	Cornell, Paul FR	6:35/6:50
				372	20:41-20:07(20:38)19:22	Turnbough, Keegan SR	6:35/6:50
				374	20:42-20:09(DNR)20:56	Ceynar, Ryan SO	6:34/6:57
PL	2016 TIME(15/14/13)PR	NAME/GRADE	SPLITS	390	20:49-20:15(21:02)19:43	Anderson, Eli SO	6:36/7:02
541	22:32-21:55(24:39)23:17	Morphew, Tony SO	7:06/7:32	391	20:51-20:17(21:01) 19:23	Morelli, Ollie SO	6:21/7:07
542	22:32-21:55 22:32	Wells, Trajan SR	7:16/7:34	397	20:53-20:19(22:37)21:07	Sotelo, Keegan SO	6:43/6:51
559	22:44-22:07 23:12	Keasler, Blake SO	7:28/7:30	405	20:57-20:23 22:16	Ojile, Atticus FR	6:38/7:03
570	23:03-22:25(26:09) 23:25	Seabold, Nicholas SO	7:15/8:04	407	20:58-20:24(19:59) 18:39	Brown, Daniel SO	6:01/6:37
577	23:06-22:28 23:25	Hassan, Yasar SO	7:35/7:47	421	21:02-20:28 20:54	Brook, Jonah JR	6:39/6:59
578	23:07-22:29	Hornbuckle, Franklin FR	7:33/7:46	428	21:07-20:33(23:51)21:15	Rouabhi, Younes SO	6:57/7:00
585	23:11-23:16	Trujillo, Anthony FR	7:29/7:44	430	21:08-20:34(DNR)20:10	Trana, Tim SR	6:53/6:58
586	2:12-22:34 24:35	Barron, Liam FR	7:35/7:57	447	21:26-20:51 22:10	Geerdes, John SO	6:58/7:08
596	23:33-22:55(22:24) 21:27	Henrichs, Miles SR	7:30/7:57	458	21:32-20:57(21:35)19:18	Tomek, Sam SR	6:53/7:13
598	23:36-22:58 23:59	Tomek, Elliot FR	7:37/7:57	469	21:42-21:07 22:43	Walsh, Barrett FR	7:02/7:12
603	23:50-23:11(26:01) 23:17	Gredell, Nelson JR	7:35/7:55	482	21:47-21:13 22:10	Gustafson, Arvid SO	6:41/7:18
612	24:10-23:31(24:59) 21:28	Cremers, Nathan SR	7:30/8:09	489	21:50-21:16 24:17	Bouska, Jacob FR	6:52/7:04
614	24:14-23:35 25:27	Seamans, AJ FR	7:39/8:00	532	22:19-21:43(22:29)20:53	Basan, Ama SO	6:56/7:31
617	24:18-23:39 (DNR)21:29	Herreweyers, Nathan SR	7:17/8:15	537	22:27-21:51 21:50	Carter, Ryan FR	6:55/7:25
639	25:36-24:54(25:46)23:15	Rocca, Philip SO	7:52/8:24	538	22:31-21:54 23:29	Kraus, Owen SO	6:57/7:27

		DID NOT RUN				DID NOT RUN	
	DNR 19:40	Bader, Yuseph SR			DNR 21:45	Traore, Samba SO	
	DNR(19:06) 17:47	McMillan, Jim SR			DNR 34:54	Motto, Jack SO	
	DNR (26:29) 22:51	Page, Aiden SR			DNR(32:03) 28:07	Hanson, Evan SO	
	DNR(19:22) 18:15	Parr, Jared JR			DNR(19:51) 18:35	Brands, Tommy SO	
	DNR 17:53	Usachev, Andrew JR			DNR	Cleveland, Ben FR	
		Bachu, Khurt JR			DNR 22:06	Leopold, Oisin FR	
	DNR(DNR) 18:13	Momberg, James JR			DNR 21:15	Cochran, Satchel FR	
	DNR 22:51	Thompson, Rex SR			DNR(DNR) 21:09	Smith, Simeon SO	
					DNR 20:44	Bormann, Garrett FR	
					DNR 20:59	Horwitz, Sam FR	
					DNR	McWane, Steven FR	
					DNR 23:38	Swisher-Hintz, Nathan FR	
					DNR (DNR) 20:26	Pacheco, Jose SO	