

2012 Spartan Invitational

Yesterday demonstrated that while we have our work cut out for us we have strength in our depth as we led all Iowa teams in those events. We will rely on all of you continuing to push one another to more prs and season's bests with each new competition (although I don't anticipate having so many of each week!). We coaches are all proud of your progress. You rose to the challenge posed by great competition and a truly challenging final 400m. We will need effort like that with each hard practice and each meet to reach our potential in October. Great job girls.

Varsity					Junior Varsity						
	2012	2011	2010	2009		2012	2011	2010	2009		
9	Carman, Ellen	15:17SB	16:19	15:48	5	Traore, Soumba	16:22SB	17:10			
11	Bruns, Lindsey	15:25SB	15:50	17:01	17:05	6	Perez, Terra	16:25SB	16:06	17:36	17:35
21	Shepherd, Mollie	15:55*	17:43			7	Perret, Daniela	16:32SB	17:26	18:35	
28	Sammons, Morgan	16:15*				11	Mendenhall, Kate	17:00SB		17:21	20:39
30	Taffa, Sonora	16:16*	18:57			20	Peterson, Sophie	17:26SB		17:52	21:27
34	Danielson, Erin	16:41	15:36	15:30	15:08	26	Rethwisch, Mary	17:44SB	18:01	18:33	
43	Siglin, Allison	17:03		16:29	18:20	37	Abbate, Sara	18:12*			
						43	Wang, Juju	18:30*			
						58	Hoelscher, Leah	18:54SB		19:24	
	Fresh/Soph					63	Griemann, Emma	19:03SB	20:35	19:36	
11	Thompson, Stella	16:48*	18:35			64	Holman, Nora	19:04SB		19:12	18:30
13	Traore, Fanta	17:18				68	DeBoeck, Cecilia	19:24SB			
16	Shutt, Isabelle	17:29*				70	Howard, Lily	19:24SB		20:13	
26	Burns, Sarah	17:46*				81	Benson, Ellie	19:49SB		20:15	
29	Cornell, Laura	17:54*				89	Alderson, Lauryn	20:03SB	21:42		
31	Verdick, Hailey	17:57*				90	Nosted, Anette	20:04*			
34	Peterson, Olivia	18:00SB	18:10			91	Miller, Aspen	20:08SB			
38	Lewers, Riley	18:11*				101	Coelho, Liliana	20:23SB		20:21	
65	O'Hara, Emma	19:10*				105	Kelly, Mary	20:33SB	21:27	20:42	
71	Pujol, Sarah	19:22SB	19:59			115	Reyes, Miranda	21:02*	25:53		
83	Rutherford, Claire	19:55*				128	Hartley, Kara	21:47SB			
88	Goodman, Lucy	20:17SB	21:19			153	Nadareyshvili, Alexa	24:04SB	24:58		
94	Traore, Aminata	20:43*									
99	Kealey, Emma	21:01*									
107	Barrett, Grace	21:20*									
116	Dickson, Abby	21:44*	19:37								
123	Carey, Hannah	22:22*									
124	Brown, Mandy	22:29*									
128	Cox, Erin	23:11*									
129	LyonsMacatee, Emma	23:15									
131	Sashay, Carroll	23:18*									
132	Gallegos, Rosie	23:32SB	23:19								
133	Noack, Claire	23:32SB									
136	Kaldjian, Anna	26:07*									
	Bold										
	Red=VarsityCredit										
	Varsity ()										
	Pleasant Valley	37									
	Naperville North	42									
	Bettendorf	92									
	CHS	96									
	83 Runners										
	12 teams										

Junior Varsity (10-1)

Naperville North 27

CHS 49

*=PersonalRecord

PV 67

SB= Season's Best

Dub Senior 100

Edina 128

160 Runners

9 teams

Fresh/Soph (7-1)

Naperville North 15

CHS 85

PV 108 Bett 111

139 runners

9 teams