

2015 Super

It was a great day to be a Little Hawk. The Fresh/Soph led the way and had the best score of the night for any school and any squad in the conference! There were many outstanding performances and several PRs on a course that ran a little slower than West Branch (? 20-30 seconds?). The JV also featured some great performances particularly in the front and back end of our squad. The Varsity competed the best I have seen from top to bottom with everyone competing very well. You ran like Champions and you were so rewarded. Congratulations to all of you who gave your best and were thus, Super 😊

PI	Varsity	2015	Bud	EIC	PI	Junior Varsity	2015	Bud	EIC
1	Arch, Mary	18:52	18:08	18:35	6	Verdick, Hailey	21:32	21:42	21:22
8	Lindower, Anna	19:35	19:26	19:32	13	Shutt, Izzy	21:47	21:27	21:58
10	Bywater, Emily	19:40*	19:41	19:52	17	Parrott, Olivia	21:56	21:22	21:31
20	Hansen, Mollie	20:00*	20:33	20:05	19	O'Hara, Emma	22:02*	22:50	23:28
25	Morrow, Amelia	20:10	20:28	20:22	21	Cornell, Laura	22:03	22:01	21:59
32	Chadwick, Celeste	20:28*	20:43	21:14	24	Brands, Madigan	22:20*	22:29	22:42
35	Hecker, Aly	20:39	20:29	20:38	26	Traore, Fanta	22:30	21:23	
					31	Lewers, Riley	22:53	22:33	
	Fresh Soph				64	McGehee, Lucy	24:12*	24:25	24:27
1	Brown, Bridget	21:01*		21:06	78	Canin, Ayla	24:34*	25:35	26:30
2	McCormick, Gabriel	21:09*	21:22	21:32	89	Noack, Claire	25:09	24:59	26:39
7	Jones, Izzy	21:48	21:27	20:58	99	Chapnick-Sorokin, S	25:32	25:35	
10	Nyamboneka, Janet	22:05	21:55	22:24	105	Meurice, Nova	25:48	24:40	25:32
14	Rummelhart, Annie	22:20	21:56	22:47	110	teDuits, Izzi	25:55	26:00	25:10
18	Parrott, Lindsey	22:28	21:56	22:05	112	Lepcin, Anna	25:56*	27:15	
19	Carey, Morgan	22:32	22:31	22:59	115	Lie, Sophie	26:01	25:34	25:57
27	Meurice, Naomi	22:54*	23:28	23:19	116	Thomas, Charlotte	26:03	25:57	24:49
31	Strang, Rachel	23:13	23:17	22:58	123	Sadewasser, Rose	26:34	25:11	27:04
35	Denniston, Anna	23:26	22:37		124	McDonough, Abby	26:35*	27:18	27:16
43	McMahon, Delaney	23:49	23:31	23:10	127	Bouska, Katherine	26:50	27:12	26:00
48	Pugh, Madeline	24:13		23:29	134	Lyons-Macatee, Elena	27:12	27:42	27:30
49	Miller, Zoe	24:14*	24:27	24:28	137	Goss, Mackenzie	27:15	25:47	26:13
60	Hennager, Ella	24:31*	24:54	25:36	172	Dixon, Abby	30:06	28:07	
63	Chapnick-Sorokin, P	24:37*	25:48	26:49	175	Hudachek, Lauren	30:38	30:04	31:57
73	Robertson, Amaya	25:17	24:41	24:32	178	Ntihebuwayo, Dancile	30:52	30:37	30:56
78	Damhorst, Drew	25:31	24:45	24:32	179	Hartwig, Grace	30:58*	31:55	35:03
79	Green, Merryl	25:32	25:38	24:33	182	Collins, Serena	31:37	31:30	
105	O'Malley, Shawna	27:30	25:46	25:36	183	Kelly, Claire	31:44*	34:11	35:19
108	Bender, Lily	27:55	26:27	26:41	187	Nishmwe, Esther	34:17*	35:40	
118	Coelho, Julia	29:32	27:41	29:10	188	Hefley, Kayla	34:41*	36:05	
					190	Hartwig, Emma	35:23*	36:04	37:56

Bold Print=Varsity Credit, *=personal record

Varsity: (66-18)

CHS 57, Cedar Falls 77, Linn-Mar 93, West 98, Hempstead 120 (8 other teams, 63 runners)

Junior Varsity: (58-10)

Senior 52, Cedar Falls 56, **CHS 76**, Linn-Mar 89, Hempstead 143, West 160 (8 other teams, 191 runners)

Fresh/Soph (35-3)

CHS 34, Cedar Falls 55, Senior 64, Wahlert 136, Prairie 150 (6 other teams, 125 runners)

