2014 Eastern Iowa Classic

Congratulations to the Varsity for their hard fought victory last night over a solid Hempstead team on their home course. It was an important win with District seedings coming out in another 10 days. We are making progress but need to continue to work towards closing the gap between our 4th runner and 5,6 and 7. This requires the continued efforts of all—Varsity and Junior Varsity. The JV also competed well with our first 4 all earning varsity credits and you were running your second race in 4 days. The past 2 weeks of training and racing will lead to another next week with Bud Williams (and its expanded varsity) and the West Branch run—this will prepare us for October when we enter into the biggest meets of the season. You deserve kudos for your efforts yesterday. Keep focused as we work to make this team as good as it can be.

			2013	2012		Junior		2013	2012
PI	Varsity	2014	Super	EIC	PI	Varsity(cont'd)	2014	Super	EIC
1	Arch, Mary	14:54	15:03		71	Noack, Claire	19:06	20:48	21:20
3	Shepherd, Molly	15:03SB	14:57	15:09	72	Strang, Rachel	19:09		
8	Bywater, Emily	15:35*	17:25		73	Goss, Mackenzie	19:12	21:25	
12	Deninger, Maddy	15:46	16:50		86	McGehee, Lucy	19:27		
27	Crew, Hazel	16:33SB	16:54		87	Meurice, Nova	19:34	20:32	
28	Chadwick, Celeste	16:36	16:21		91	Thomas, Charlotte	19:39	20:52	
45	Cornell, Laura	16:59	17:48	17:36	116	Hubbard, Olivia	20:16		
					136	Brown, Mandy	20:45		
	Junior Varsity				143	Dickson, Abby	21:02		20:44
3	McCormick, Gabriel	16:31*			148	Lie, Sophie	21:12		
4	Verdick, Hailey	16:37	17:23	17:45	156	Sanderfelt, Amanda	21:19		
5	Hansen, Mollie	16:40	16:57		186	Jennings, Michelle	22:19	19:09	
6	Brown, Bridget	16:43			187	Durham, Sonali	22:19	20:54	24:09
13	Peterson, Olivia	17:05	16:15	18:04	188	Bouska, Katherine	22:21	23:12	
14	Burns, Sarah	17:14		17:26	201	Plock, Megan	22:50		
23	Parrott, Olivia	17:32	16:36	17:13	210	Cox, Erin	23:25		21:44
26	Parrott,Lindsey	17:41			213	Ntihebuwayo, Dancile	23:38	22:47	
28	O'Hara, Emma	17:48	17:38	19:14	219	Kealey, Emma	24:08	21:33	20:44
34	Morrow, Amelia	18:01			223	Hudson, Allie	24:16		
36	Shutt, Izzy	18:04	17:57	16:19	237	Flateby, Malin	27:10		
48	Traore, Fanta	18:33	16:04	16:43	238	Hartwig, Grace	27:11		
52	Sadewasser, Rose	18:38	19:33		244	Hartwig, Emma	28:36		
62	Denniston, Anna	18:48			246	Kelly, Claire	29:12		

Varsity (41-12) **CHS 51**, Hempstead 59, Regina 93, CR Prairie 109, Kennedy 129, Wahlert 144, Xavier 200, Linn-Mar 222, Clinton 237, CR Washington 257, Waterloo West313, Dav. North 319

Jun. Varsity (47-7) Hempstead 27, **CHS 31**, Prairie 90, Kennedy 112, Wahlert 150, Regina 186, Xavier 189, Linn-Mar228, CR Washington 292, Waterloo West 302, Davenport North 358, (246 runners)

Bold Name= Varsity Credit *=PR SB=Season's Best