

2007 Super Meet

It was unseasonably warm and the competition was hot. We had strong performances in all the races on a course that ran slow due to the soft surface and the warm temperatures. I think it is best compared to Noelridge although I think it ran a little slower than that course. In any case, I offer you your comparison times from the Eastern Iowa Classic. The Fresh/Soph is still learning and was a little short handed. But we will have another shot at Cedar Falls and West next week. Britney Opheim had an outstanding race and along with Megan Greene in the JV ran a pr. The JV had another dominating performance although Dubuque Senior ran surprisingly well. The Varsity competed as well as we have all year but there are still ways we can improve that will reverse the outcome next week at Divisional. Congrats to Kelsey Hart for her strong finish as she held off Englehardt and nearly caught Fick. It was good to see a spirited group dancing and whooping it up after the meet. We will need that spirit and enthusiasm as we approach the big meets ahead.

	<i>Varsity</i>	<i>Super</i>	East'n Iowa		<i>Junior Varsity</i>	<i>Super</i>	East'n Iowa
3	Hart, Kelsey	15:25	15:41	1	McFarland, Lindsay	16:46	16:42
5	Dlhy, Brittany	15:31	15:18	2	Harris, Mercedes	16:51	16:39
8	Yagla, Jessica	15:47	15:55	3	Kregel, Hannah	16:52	16:56
9	Fagan, Emily	15:48	15:51	7	Panther, Cassie	17:41	17:48
18	Rethwisch, Rebecca	16:06	16:20	14	Rethwisch, Amanda	18:07	17:47
19	White, Cassie	16:06	15:55	17	Paulson, Claire	18:15	18:50
21	Randleman, Libby	16:11	16:42	21	Henson, Megan	18:25	20:46
Fresh/Soph				22	Torres, Sherry	18:26	18:20
6	Holman, Melanie	17:18	16:59	31	Verhoef, Chloe	18:53	17:55
10	Opheim, Britney	17:37*	18:04	46	Arens, Kelsey	19:16	18:59
13	Abrams, Abby	17:40	17:42	48	DeMoss, Kenzie	19:17	19:18
18	ShinnickGordon, Izzy	18:02	17:42	49	Fleener, Lauren	19:19	19:13
30	Hudachek, Danielle	18:44	18:35	55	Adderley, Eva	19:36	
36	Howard, Susanna	18:59		65	Cronbaugh, Taylor	19:57	20:21
61	Agassandian, Alice	20:02	20:16	79	Bricker, Alina	20:17	19:37
67	Wilkinson, Ashley	20:21	20:17	81	McDonough, Steph	20:20	
84	Maize, Lauren	21:09	20:22	93	Calkins, Claire	20:41	20:22
86	Triplett, Liz	21:17	20:56	94	Pham, An	20:41	20:27
103	Mead, Mackenzie	22:13	22:10	99	O'Malley, Malinda	20:54	19:35
109	Titus, Katie	22:26	22:10	121	Piper, Ashley	21:34	21:19
130	Mahaffa, Maggie	26:57	25:46	126	Fuller, Libby	21:43	22:19
131	Moore, Sarena	28:17	24:59	127	Averkamp, Alyx	21:48	22:18
132	Siegfried, Hannah	28:58	25:57	143	Gelder, Kristi	22:13	22:22
				144	Rodriguez, Destiny	22:13	21:52
				154	Tippe, Laurel	23:04	22:39
				167	Greene, Megan	23:55*	25:12
				178	Schallau, Emily	24:59	
				188	Neu, Abby	25:47	21:40
				193	Hubbard, Claire	27:41	
				194	Martin, Paige	28:03	25:51
				Junior Varsity 48-1			
				CHS 27			
				Dub Sen 39			
				12 others 195 ran			

Varsity 88-8
West 40
CHS 43 C Falls 87
10 others, 89 ran
F/S 33-8
Prairie 44 C Falls 47
West 71 CHS 77
6 others 93 ran
*=PR SB=season best