## 2006 Hawkeye Invitational

There is a lot to be excited about looking at the results below. Despite the start line being moved back 10-20 meters from time trial and last year, the time improvements over the last month are impressive. I know you impressed WDM Valley as well. Putting 8 girls ahead of the second runner of a quality ranked opponent was quite an achievement. We also had 21 prs and 22 Season's best performances among the 58 who ran yesterday. And as good as this effort was I anticipate that when we finish the regular season here in 4 weeks that you will improve even more. Congratulations to all for a superior performance.

|  | Varsity | 2006 | $t$ trial | 2005 | 2004 |  | Junior Varsity | 2006 | $t$ trial | 2005 | 2004 |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| 1 | Hart, Kelsey | 15:04* | 16:09 | 15:23 |  | 36 | Pham, An | 19:23S | 21:29 | 18:21 |  |
| 2 | Dlhy, Brittany | 15:15S | 16:37 | 14:35 | 17:30 | 39 | Triplett, Melissa | 19:45 | 21:48 | 19:20 | 22:12 |
| 3 | Sidwell, Samantha | 15:17S | 15:53 | 14:55 | 15:51 | 41 | Arens, Kelsey | 19:48 | 21:53 |  |  |
| 4 | McKay, Annie | 15:25s | 16:41 | 15:32 | 16:04 | 43 | Wilkinson, Ashley | 20:14* | 24:36 |  |  |
| 6 | Yagla, Jessica | 15:37* | 16:47 |  |  | 44 | Kamber, Kayla | 20:18* | 22:49 |  |  |
| 7 | White, Cassie | 15:38* | 16:44 |  |  | 45 | Hobart, Jaye | 20:18S | 21:53 | 18:44 | 20:22 |
| 8 | Garcia, Claudia | 15:47S | 16:20 | 15:37 | 19:44 | 47 | Zoeckler, Susan | 20:22 | 23:07 |  |  |
| 9 | Fagan, Emily | 15:52* | 16:46 |  |  | 49 | Triplett, Elizabeth | 20:30* | 28:38 |  |  |
| 16 | Kregel, Hannah | 16:22* | 18:39 | 17:08 |  | 50 | O'Malley, Malinda | 20:34 | 24:51 |  |  |
| 19 | Ziegenhorn, Sarah | 16:24S | 18:09 | 16:27 | 16:15 | 52 | Skay, Kenzie | 20:52 | 25:09 |  |  |
| 20 | Harris, Mercedes | 16:25* | 22:25 | 17:08 |  | 53 | Verhoef, Chloe | 21:05 | 25:03 |  |  |
| 24 | McFarland, Lindsay | 16:36S | 18:27 | 16:53 |  | 54 | Cronbaugh, Taylor | 21:10* | 27:01 |  |  |
| 28 | Mims, Kelsey | 16:45S | 19:43 | 16:30 | 17:38 | 58 | Sheets, Rosie | 21:49* | 26:34 |  |  |
| 35 | Adderly, Eva | 16:56S | 20:20 | 17:20 |  | 60 | Fuller, Libby | 22:03S | 27:18 | 19:52 | 22:35 |
|  | Junior Varsity |  |  |  |  | 61 | Tippe, Laurel | 22:04* | 25:12 |  |  |
| 1 | Zimmerman, Nicki | 17:32S | 19:20 | 17:07 | 17:29 | 62 | Sierra, Coady | 22:05* | 26:34 |  |  |
| 2 | Smith, Megan | 17:41S | 18:52 | 17:08 |  | 63 | Neu, Abby | 22:19* | 24:50 |  |  |
| 3 | Sabers, Molly | 17:42 | 19:59 |  |  | 65 | Rodriguez, Destiny | 22:30 | 26:16 | 20:34 | 23:49 |
| 4 | Rethwisch, Amanda | 17:44* | 19:12 |  |  | 66 | Martin, Paige | 22:40* | 26:33 |  |  |
| 5 | Panther, Cassie | 17:45S | 19:26 |  | 17:47 | 67 | Arbuckle, Jeni | 22:44 | 27:49 |  |  |
| 6 | Gessner, Lelia | 18:04* | 19:19 |  |  | 68 | Lehman, Laurie | 22:51 | 25:34 |  |  |
| 7 | Ricci, Cassie | 18:06* | 19:32 |  |  | 69 | Averkamp, Alyx | 22:54* | 29:35 |  |  |
| 8 | Randleman, Libby | 18:06S |  |  |  | 70 | Piper, Ashley | 23:06 | 29:35 |  |  |
| 12 | Paulson, Claire | 18:32S | 20:53 | 18:49 | 20:23 | 72 | Bates, Emmy | 23:14* | 28:02 |  |  |
| 14 | Skay, Jessica | 18:37S | 22:01 | 17:57 |  | 75 | Goff, Jessica | 24:31* | 32:23 |  |  |
| 17 | Henson, Megan | 18:45S | 22:05 | 17:35 |  | 77 | Gelder, Krisiti | 24:48 | 26:10 | 21:12 | 22:50 |
| 19 | Grady, Claire | 18:48 | 21:05 | 18:00 |  |  | BoldName=Varsity Crd | Varsity 0) |  | JV (32-1) |  |
| 21 | Mills, Caroline | 18:51S | 21:09 | 17:29 |  |  | *=PR | CHS | 16 | CHS | 15 |
| 23 | Shinnick-Gordon, Izzy | 18:52* | 22:00 |  |  |  | S=Season's Best | WDV | 47 | WDV | >50 |
| 26 | Fleener, Lauren | 19:06 | 21:25 | 17:50 |  |  |  | Bett | 85 | Bett | >80 |
| 27 | Meyer, Leslie | 19:07S | 21:35 |  | 18:40 |  |  | 42ran |  | 79ran |  |

