

Tipton 2004 @ Tipton City Park

We are off and running! The Fresh/Soph started our season with a fine performance. Annie McKay stepped up and led the way and we got outstanding performances from Eva, Colleen and Nicki. Sam led the charge as the Varsity ran a strong final 1.5 miles. They are learning what it takes to run effectively against tough teams such as Tipton and Xavier who will be atop their classes (2A and 3A) this year. Xavier is likely to run a stronger squad at Pleasant Valley Saturday so we will need to get out quicker and compete more against the opposition than simply trying to get spots on our varsity team. The JV ran smart and strong and thus destroyed the field. I don't know exact placings within the total field since JV results aren't provided to us but I can tell you we missed a perfect score by only 3 points as Tipton put one runner in the top 5. Congratulations to Katie Lumpa and Lindsey Diggelmann for placing 1,2 and leading the way. There were some pretty spectacular time drops from the time trial. While interpreting your results bear in mind the course ran a bit slower do to changes made to accommodate the construction at the park and it was significantly warmer for the fresh/soph race.

Place	Varsity	time	Trial	2003	Place	Name	time	Trial	2003
6	Sidwell, Samantha	16:32	1:09		3	McKay, Annie	17:39	1:45	
7	Anciaux, Clair	16:41	1:01		4	Adderly, Eva	17:49	2:11	
9	Foreman, Drew	16:56	59		6	Russo, Colleen	18:04	1:48	
11	Ziegenhorn, Sarah	17:03	40		7	Mims, Kelsey	18:28	0:25	
13	McCue, Tamika	17:07	44		8	Zimmerman, Nicki	18:36	1:44	
14	Leyendecker, Maggie	17:10	1:00		9	Riley, Alyse	18:40	1:08	
15	Funk, Emily	17:12	48		12	Smith, Megan	18:56	1:13	
1	Lumpa, Katie	16:50	2:07		28	Rodriguez, Elena	19:43	3:45	
2	Diggelmann, Lindsey	17:01	1:56		29	Bricker, Alina	19:55	2:05	
3	Van Natta, Meredith	17:19	3:53		30	Lawry, Molly	19:56	2:00	
4	Dietz, Sara	17:49	2:02		31	Paulson, Claire	20:00	2:29	
5	Dlhy, Brittany	17:50	2:53		32	Olson, Anna	20:05	4:27	-37
6	Gill, Emily	18:05	56		33	Fredericks, Libby	20:14	2:26	
7	Panther, Cassie	18:11	2:30		34	Plaughner, Lucy	20:15	3:42	-1
8	Russo, Becky	18:12	2:06		35	Megan Hichwa	20:23		
9	Bross, Kera	18:24	1:54		36	Wisely, Becky	20:32	4:13	-37
10	Schallau, Tiffany	18:25	2:15	-18	37	Cmiel, Cordy	20:36	4:58	
11	Kidwell, Katrina	18:27	2:32		38	Roush, Elisabeth	20:43	4:22	
12	Hugill, Clara	18:34	14:00	-6	39	Fosse, Emily	20:45	1:57	
13	Waters, Anna	18:48	2:24		40	Randleman, Libby	20:47	4:02	
14	Sobaski, Kelly	18:49	2:16		41	Clemens, Monica	21:01	3:43	
15	Herlein, Abby	18:53	2:03	-36	42	Fuller, Libby	21:20	3:59	
16	Grady, Claire	19:01	2:45	-53	43	Triplett, Melissa	21:38	6:11	
17	Skay, Jessica	19:01	1:20		44	Gelder, Kristi	23:04	4:46	
18	Sobaski, Courtney	19:11	1:53		45	Beyer, Stacy	23:21		
19	Wiegert, Krista	19:13	2:02		46	HonemannLindsey	23:23	2:43	
20	Gnade, Allie	19:15	3:05		47	Lithimane, Amy	23:25	6:09	
21	Ovrom, Katie	19:16	2:33		48	GerigSickles,Analisa	23:53	8:39	
22	Pringle, Jessica	19:22	1:57		49	Honeman, Erin	24:47	4:51	
23	Pham, An	19:23	1:42		50	Honemann, Reanne	25:26	4:10	
24	Henson, Megan	19:30	2:52						
25	Paulsen, Jess	19:31	7:17			Bold=Varsity Credit			
26	McDonough,Stephanie	19:41	3:58						
27	Garcia, Claudia	19:42	4:01	-138					

Varsity (6-0)
CHS 46
 Tipton 61
 Xavier 70
 Bettendorf 84
 Pleasant Valley 124

Junior Varsity (6-0)
CHS 18

Fresh/Soph (6-0)
CHS 28