

## Griak 2003

While our team place was not what we had hoped for there were several positives we take home with us. We had a great performance from Nelle. Drew continues to run well. Brittney is improving with every meet and the girls who doubled back from Thursday (Clair, Angie and Emily) all ran hard. Katie ran gamely despite illness. And perhaps most importantly Griak was a good learning experience for us. You can see how a few seconds translates quickly to mounting points in a crowded field. You can also see how quickly one can get lost in the sea of runners.

What we learned in Minnesota will serve us well in the future. A true test of a team is how it responds to subpar performance. I am confident our response will be a renewal of our commitment to each other and to train with a sense of purpose. If we do that we will find Drew some company and be able to compete with the best.

3	Nelle Trefz	18:44
29	Jennie Funk	19:50
59	Drew Foreman	20:22
94	Brittney Zimmerman	20:48
104	Clair Anciaux	20:51
107	Katie Lumpa	20:54
120	Angie Rideout	21:06
138	Maggie Leyendecker	21:15
145	Emily Funk	21:20
164	Ruhee Arora	21:29

<b>Team</b>	
Staples Motley	156
Hopkins	173
Sioux Falls Rsvlt (SD)	238
Watertown (WI)	243
Lakeville	252
Eau Claire Mem. (WI)	269
Centerville (OH)	272
<b>CHS</b>	289
Minnetonka	310
Mounds View	395
36 others upto 1308	
total running	407