

Divisional 2003

What a great way to end the regular season! We swept a strong field in convincing fashion. A few new turns made the course slightly slower than a year ago by my estimation. We had good times nonetheless. I counted 15 improved or equaled prs and 7 season's bests The Varsity ran smart and ran their race. Abby really stepped up in the Varsity and the team avenged their loss to Cedar Falls last week by placing ahead of them at every position. The Fresh/Soph completely crushed the field with their perfect score and 7 of the first 8 runners. The JV got strong performances from the first 5 in Emily Gill's absence to hold off the second best JV squad in the State. Congratulations to the 16 who earned Varsity Credit in the fastest time I can ever remember to attain that honor. This was a great team effort. I hope to see the same team spirit and pride at District and State with as many as possible making the trip to these events. The Championship is within our grasp but will require our best effort and the support of the entire team.

pl	Varsity	time	2002	pr	pl	Fresh/Soph	time	2002	pr	
2	Nelle Trefz*	14:31	14:30		1	Lindsey Diggelman*	16:06	16:20		
3	Jennie Funk*	14:41	14:19		2	Claire Anciaux*	16:06			
8	Abby Hall*	15:23	16:15	SB	3	Samantha Sidwell*	16:10			
11	Drew Foreman*	15:30	16:13		4	Sarah Ziegenhorn*	16:12			
16	Brittney Zimmerman*	15:56	16:46		5	Kelsey Mims*	16:20			
18	Katie Lumpa*	16:04	15:15		6	Alyse Riley*	16:24			
21	Angie Rideout*	16:20	17:46		8	Emily Funk*	16:31	16:40		
	Junior Varsity				12	Elise Mozena	16:57			
1	Ruhee Arora*	15:30	15:59		14	Annie Mckay	17:08			
2	MaggieLeyendecker*	16:11	16:15		15	Kera Bross	17:11	16:36		
5	Kate Rethwisch	16:58	17:28		18	Nicki Zimmerman	17:13		23	
8	Hanna Meyer	17:11	17:32		19	Tiffany Schallau	17:15		2	
9	Paige Towers	17:19	17:57	20	20	Clara Hugill	17:16	16:52	SB	
14	Kelly Sobaski	17:38	17:32		21	Molly Sabers	17:20		5	
17	Alyssa Lane	17:49	18:17		25	Ally Tippe	17:28	17:22		
19	Jess Paulsen	17:53	18:28	20	27	Katie Ovrom	17:32		0	
20	Meggan Hichwa	17:56	18:03	1	28	Jessica Skay	17:32		0	
21	Jessica Pringle	17:58	17:33		32	Jessi Gerot	17:47		2	
25	Shannon Triplett	18:09	18:23		35	Corde Cmiel	17:53	17:35		
26	Rachel Wilhelm	18:11	19:11		36	Caroline Mills	17:54			
27	Rachel Manuel	18:16	16:30	SB	39	Claire Grady	17:55		36	
28	Zara Torosyan	18:20	17:56		40	Valerie Mozena	17:58		0	
34	Abby Herlein	18:30	19:23		43	Claudia Garcia	18:04		19	
35	Rebecca Wisely	18:30	19:36		47	Anna Olson	18:14		0	
36	Lesley Keely	18:36	17:37		55	Grace Barloon	18:34			
37	Becky Russo	18:37	16:38		56	Breanne Hopkins	18:38			
46	Genny Countryman	19:00	18:46		57	Jaye Hobart	18:38			
47	Rebecca Barloon	19:01			61	Lucy Plaughter	18:48	19:25	37	
48	Lara Voigt	19:05					Varsity			
49	Julia Snider	19:06	19:12				CHS	40		
58	Monica Clemens	19:26*	19:26	0			Xavier	56		
65	Lindsey Honnemann	19:53	19:41	SB			Cedar Falls	63		
66	Willa Cmiel	19:53	19:50	SB			Washington	114		
73	Amy Lithimane	20:08	20:42	16			3 others			
75	Rachel Moore	20:15	17:56	SB			total	running	48	
76	Stacy Beyer	20:18		11			JV			
84	Shauna McDonald	21:16	19:39				Fresh/Soph			
88	Maren Rottler	21:40					CHS 15	CHS	25	
89	Meera Gessner	22:05					Cedar Falls 60	Cedar Falls	30	
93	Emily Adamek	23:07	23:31				Xavier 120	Xavier	120	
							Wahlert 230	4 others		
							3 others total running			
							108	total	runners	96

