

## District 2012

District provided us with promise and a chance to fulfill that promise next week at the State Meet. It is clear that not only can we compete with Kennedy and West High but we also have the ability to beat these teams. This means that winning a trophy is not a pipe dream, but an achievable goal. Of course in order to do so we will all need to run our best race at State. And that is the way it should be.

There are no more dress rehearsals. The time has come and you are the athletes that will represent City High October 27th. I am proud to take you to Fort Dodge and look forward to you surprising the rest of the State. But it will come as no surprise to me.

*Congratulations to our alternates on bringing home the Cup and to our **All-District runners Ellen, Courtney and Lindsey.***

		District	Divisional
3	Ellen Carman	15:12	15:13
8	Courtney Bruns	15:30	15:16
9	Lindsey Bruns	15:36	15:33
16	Sonora Taffa	16:04	15:43
18	Morgan Sammons	16:15	15:27
20	Molly Shepherd	16:23	15:28
21	Erin Danielson	16:26	15:49
	Allison Siglin (1)	16:38	16:01
	Kate Mendenhall (2)	16:53	16:10
	Daniela Perret (3)	17:10	16:42
	Stella Thompson (5)	17:56	16:07

Team: (67-14) Kennedy 38, West 42, **City 54**, Prairie 145, Jefferson 151, W Dubuque 166, Washington 169, Muscatine 191, W East 295

Alternates: **City 3**, Kennedy 7 (only scored 2 runners and no displacement awarded)