2012 Divisional

Congratulations are in order for all three squads. The fresh/soph ran their best race of the year in defeating the same Senior team that beat you by 17 last week. Stella ran a smart race from the front. Aminata and several others ran PRs on a cold and windy night. Allison also ran a strong winning the JV title. A charged up Senior team edged us in the team race and took advantage of their opportunities but we ran our tanks to empty as evidenced by the PRs on a course which ran about 25-35 seconds slower than Dubuque's soccer complex where most of you got your earlier PRs. Finally the Varsity ran hard, and in many ways better than a week ago despite finishing third. Courtney continues to gain strength, Morgan gains confidence, Ellen shows leadership and everyone runs hard. There are tactical things to work on, and we will, as we prepare to meet the same teams that beat us last night next week. Sign up for the State Meet bus girls. It will be a good ride!!

7 Carman, Ellen 15:13 15:38 1 Siglin, Allison 16:01 16:02 8 Bruns, Courtney 15:16 SB 15:49 16:16 3 Mendenhall, Kate 16:10	17:02 17:29 18:09 18:28 18:15
	18:09 18:28
	18:28
11 Sammons, Morgan 15:27* 9 Perret, Daniela 16:42 17:04	
12 Shepherd, Molly 15:28 17:00 15 Rethwisch, Mary 16:56*	18:15
14 Bruns, Lindsey 15:33 17:05 17 Traore, Soumba 17:00 16:35	10.15
18 Taffa, Sonora 15:43 19:31 19 Abbatte, Sara 17:02	
19 Danielson, Erin 15:49 15:14 25 Perez, Terra 17:26	
27 Wang, Juju 17:28 18:36	
Fresh/Soph 28 Peterson, Sophie 17:29 17:23	
1 Thompson, Stella 16:07 18:18 32 Holman, Nora 17:41 18:48	18:39 18:25
4 Shutt, Izzy 16:56 36 Hoelscher, Leah 17:50 18:55	20:06
8 Burns, Sarah 17:10 37 Greimann, Emma 17:51 18:48	19:14
15 Parrott, Olivia 17:43 44 Cabbage, Micah 18:19SB 17:56	
16 Peterson, Olivia 17:47 18:46 53 DeBoeck, Cecilia 18:59	
18 Lewers, RIley 17:52 54 Benson, Ellie 18:59 19:25	19:38
19 Cornell, Laura 17:54 55 Miller, Aspen 19:06* 20:50	
21 Traroe, Fanta 18:11 60 Peters, Oli 19:19 18:19	19:47
Verdick, Hailey 18:12 62 Alderson, Lauryn 19:33	
Rutherford, Claire 18:22* 63 Clemons, Ana 19:35*	
30 Traore, Aminata 18:37* 66 Coelho, Liliana 19:40 20:13	20:12
43 Goodman, Lucy 19:33 24:33 68 Kelly, Mary 19:44*	21:12
45 Pujol, Sarah 19:44 69 Hartley, Kara 19:52 22:51	22:58 22:49
48 O'Hara, Emma 19:35 72 Nosted, Anette 20:09	
52 Lyons-Macatee, Emma 19:54* 75 Waikel, Hannah 20:27	
55 Dickson, Abby 19:58* 76 Reyes, Miranda 20:31	26:31
57 Carey, Hannah 20:08 23:25 79 Gier, Emma 20:43* 24:07	
61 Kealey, Emma 20:33* 90 Nadaryshviili, Alexa 22:01 22:53	
62 Brown, Mandy 20:34 92 Gore, Brianna 22:48 23:04	
65 Barrett, Grace 20:50 93 Heath, Mikayla 22:50 20:55	
66 Cox, Erin 20:51*	
67 Carroll, Sashay 21:07	
71 Durham, Sonali 22:06*	
72 Gallegos, Rosie 22:07 BoldName=V.Credit	
Noack, Claire 22:30	
81 Camus, Leia 24:13 *=PR	
83 Kaldjian, Anna 24:28 SB=Season's Best	

Varsity (61-12): Kennedy 35, West 50, CHS 52, Senior 100, Jefferson 135, Hempstead 155, Waterloo East 218

JV (72-2): Senior 37, CHS 45, Kennedy 64, West 82, Hempstead 135, Jefferson 170 Fresh/Soph (39-8): CHS 44, Senior 49, West 69, Hempstead 82, Kennedy 115, Jefferson 174