

2013 CITY HIGH FRESHMAN BOYS' RACE RESULTS

NAME/GRADE	AUG 29	SEPT 3	SEPT 7	SEPT 12	SEPT 19	SEPT 23	SEPT 26	SEPT 28	OCT 3	OCT 10	OCT 17	NAME	2013 PR	OCT 24	OCT 27
FRESHMAN	TRIAL	IMS	PV	CR	LHK	SOLON	E IA	GRIAK	BUD W	MVC S	MVC D	FRESHMAN		DISTRICT	STATE
Berg, Bryan	X	21:41	17:20	21:12	22:01	21:05	21:34		21:50	21:27	20:40	Berg, Bryan	20:40		
Berg, Michael	X	18:26	14:36	ILL	19:03	18:02	18:13		18:11	17:57	17:38	Berg, Michael	17:38		
<small>Bergman- Corbet, Coles</small>	X	19:30	15:00	18:06	19:15	18:19	18:14		18:15	18:26	17:38	<small>Bergman- Corbet, Coles</small>	17:38		
Cremers, Nathan	X	27:42	20:47	26:00	27:09	24:03	26:01		25:12	23:38	24:06	Cremers, Nathan	23:38		
Dodge, Matthew	X	18:13	14:08	17:26	17:51	17:48	DNR	17:52	17:07	17:39	16:52	Dodge, Matthew	16:52	17:32	16:55
Finley, Dekard	X	25:19	19:08	22:21	24:07	22:37	23:16		22:15	22:23	21:46	Finley, Dekard	21:46		
Gibbens, Gabe	X	22:49	17:34	21:25	23:26	21:55	22:07		22:04	21:35	20:50	Gibbens, Gabe	20:50		
Lopes, Antonio	X	28:47	21:13	26:05	27:00	24:09	INJ		INJ	23:41	23:46	Lopes, Antonio	23:41		
McMillan, Jim	X	21:28	16:24	19:52	20:38	19:50	19:30		19:52	19:24	18:35	McMillan, Jim	18:35		
Morgan, Caleb	X	22:33	17:24	21:09	21:38	INJ	INJ		INJ	INJ	INJ	Morgan, Caleb	21:09		
Nguyen, Corbin	X	29:39	AWOL	27:04	AB	25:31	ILL		26:23	25:10	25:05	Nguyen, Corbin	25:05		
Romano, Aaron	X	20:22	15:56	19:25	19:45	19:44	19:32		19:49	INJ	19:52	Romano, Aaron	19:25		
Stoltz, Joseph	X	23:17	19:10	23:40	23:49	22:07	22:12		22:05	21:36	20:44	Stoltz, Joseph	20:44		
Taylor, Michael	X	21:26	15:56	19:04	19:49	19:21	19:03		19:23	19:04	18:40	Taylor, Michael	18:40		
Tomek, Sam	X	25:28	20:04	23:48	25:21	22:12	23:37		24:02	22:59	INJ	Tomek, Sam	22:12		
Tranna, Tim	X	22:09	17:14	21:16	22:17	21:02	20:32		20:57	20:10	20:43	Tranna, Tim	20:10		
<small>Turnbough, Keegan</small>	X	23:09	17:53	ILL	24:39	21:47	23:47		22:40	23:25	21:12	<small>Turnbough, Keegan</small>	21:12		
Wolfe, Sean	X	22:25	ILL	21:37	22:39	22:19	22:42		22:29	22:08	20:55	Wolfe, Sean	20:55		
2013 Time	HEAT														
2013 Course	U of Iowa	IMS HS	PV Crow Crk FS	CR Noelridge	U of Iowa	Solon HS	U of Iowa	Minn MN	U of Iowa	Dub Soc Pk	U of Iowa			Marshal Itown	Fort Dodge

2013 CITY HIGH SOPHOMORE BOYS' RACE RESULTS

NAME/GRADE	AUG 29	SEPT 3	SEPT 7	SEPT 12	SEPT 19	SEPT 23	SEPT 26	SEPT 28	OCT 3	OCT 10	OCT 17	NAME	2013 PR	OCT 24	OCT 27
SOPHOMORE	TRIAL	IMS	PV	CR	LHK	SOLON	E IA	GRIAK	BUD W	MVC S	MVC D	SOPHOMORE	2012	DISTRICT	STATE
Bradford, Kyle	X	22:31	18:29	25:05	INJ	22:23	22:20		24:49	24:42	22:26	Bradford, Kyle	22:20		
		26:52	24:27	17:58	23:30	21:04	21:12	21:10	22:40	21:47	20:19		20:19		
Bwayo, Adam	X	INJ	13:53	16:52	INJ	INJ	INJ		17:43	17:53	17:20	Bwayo, Adam	16:52		
		19:30	19:04	14:32	17:54	17:00	DNR	17:03	16:58	17:15	17:04		16:58		
Clemons, Kai	X	20:28	16:49	19:40	20:32	ILL	19:54		19:51	19:24	18:40	Clemons, Kai	18:40		
		24:41	22:10	16:36	21:14	ILL	20:46	20:43	ILL	20:43	19:45		19:45		
Crooks, Jack	X	26:50	20:44	23:14	25:25	24:08	26:01		25:36	23:38	22:37	Crooks, Jack	22:37		
		32:21	27:53	19:50	27:38	23:39	24:01	25:56	25:29	23:50	23:29		23:29		

Donahue, Cole	X	21:01	16:46	20:40	21:21	20:24	20:35		21:02	19:49	19:40	Donahue, Cole	19:40		
Engelbrecht, Josh	24:57	21:05 24:06	16:17 17:05	20:11 22:05	20:36 20:33	20:05 20:48	20:04 20:48		19:54 20:16	ILL 20:45	19:56 INJ	Engelbrecht, Josh	19:54 20:16		
Friton, Max	X	28:25	21:00	INJ	28:50	26:20	27:14		26:57	25:12	25:51	Friton, Max	25:12		
Green, Eric	X	INJ 27:19	17:50 24:32	22:49 18:13	23:00 22:22	22:48 22:04	22:23 21:48		22:13 21:50	ILL 22:22	20:43 21:44	Green, Eric	20:43 21:44		
Kelly, Daniel	X	20:41 21:58	16:17 21:19	20:38 20:44	20:33 19:49	20:13 19:41	20:14 20:06		INJ 19:49	19:49 20:32	19:42 19:36	Kelly, Daniel	19:42 19:36		
Kenyon, Zack	X	22:55 25:53	17:44 25:12	20:48 23:42	21:28 22:21	21:16 22:32	21:15 21:47		20:41 21:44	20:22 21:35	19:53 21:10	Kenyon, Zack	19:53 21:10		
Martin, Ben	X	19:59	15:44	19:03	20:01	19:34	19:44		19:26	19:28	19:17	Martin, Ben	19:03		
Martin, Russell	X	19:23	14:46	17:52	19:06	18:37	18:23		19:13	INJ	18:23	Martin, Russell	17:52		
McDowell, Tom	X	17:25 20:33	17:40 19:56	17:37 18:25	17:59 17:30	17:48 18:05	DNR 17:28	17:54	17:36 17:52	17:38 17:46	17:11 17:40	McDowell, Tom	17:11 17:28		
McNabb, Nick	X	20:32 22:41	15:22 21:58	19:25 20:44	20:09 19:19	18:47 19:28	18:48 19:42		18:43 19:22	18:40 19:35	18:44 19:01	McNabb, Nick	18:40 19:01		
Meardon, Grant	X	20:24	15:47	19:04	19:40	19:06	19:19		19:16	18:52	18:39	Meardon, Grant	18:39		
Mendoza, Nick	X	20:56 25:53	ILL 24:27	20:09 22:11	21:09 22:15	19:59 21:23	20:57 21:38		ILL 21:27	DNR 21:05	21:17 20:46	Mendoza, Nick	19:59 20:46		
Opitz, Hagen	X	19:57 23:39	15:40 22:58	19:19 22:33	20:48 20:49	19:15 20:35	19:17 20:52		18:46 20:17	18:23 20:36	18:29 24:38	Opitz, Hagen	18:23 20:17		
Opitz, Torben	X	ILL	16:34	20:50	22:39	20:14	20:23		20:27	19:18	19:36	Opitz, Torben	19:18		
Parandkar, Anirudh	X	21:11 23:03	ILL 22:03	20:20 21:07	19:58 19:36	19:24 19:58	19:04 20:06		19:27 19:32	18:47 19:53	18:48 20:23	Parandkar, Anirudh	18:47 19:32		
Schnoebelen, John	X	INJ	19:33	22:29	23:35	22:25	23:17		23:09	22:23	21:40	Schnoebelen, John	21:40		
Seabold, Harris	X	19:25 23:02	15:42 22:57	18:24 20:22	19:47 19:25	19:01 19:48	19:00 19:44		19:13 19:35	18:22 19:46	18:12 19:25	Seabold, Harris	18:12 19:25		
Winegarden, Chris		23:57 28:45	19:38 25:33	22:56 23:43	24:14 22:22	22:11 22:04	23:06 22:10		22:31 22:02	22:37 21:41	21:11 21:19	Winegarden, Chris	21:11 21:19		
Young, Myles	X	NEW	19:17	22:09	22:32	21:29	21:51		21:54	21:09	20:25	Young, Myles	20:25		
2013/12 Times															
2013 Course	U of Iowa	IMS HS	PV Crow Crk FS	CR Noelridge	U of Iowa	Solon HS	U of Iowa	Minn MN	U of Iowa	Dub Soc Pk	U of Iowa			Marshal Itown	Fort Dodge
2012 Course	U of Iowa	IMS HS	PV Crow Crk FS	CR Noelridge	U of Iowa	Solon HS	Dub Soccer Pk	DNR	U of Iowa	CF Birdsall Pk	LM Tuma Park 3.2MILE			LM Tuma Park	Fort Dodge

2013 CITY HIGH JUNIOR BOYS' RACE RESULTS

NAME/GRADE	AUG 29	SEPT 3	SEPT 7	SEPT 12	SEPT 19	SEPT 23	SEPT 26	SEPT 28	OCT 3	OCT 10	OCT 17	NAME	2013 PR	OCT 24	OCT 27
JUNIOR	TRIAL	IMS	PV	CR	LHK	SOLON	E IA	GRIAK	BUD W	MVC S	MVC D	JUNIOR	2012/11	DISTRICT	STATE
Bender, Joel	X 19:01 23:41	16:54 18:32 22:45	17:12 14:22 17:02	16:31 18:19 21:24	17:17 18:47 20:08	17:07 17:41	DNR 17:54 19:28	17:53	17:10 17:36 20:57	17:02 17:51 20:38	16:45 17:37 19:31	Bender, Joel	16:31 17:36 19:28	16:57	16:48
Crooks, Joe	X 28:00 43:23	23:17 26:29 34:18	23:47 20:01 27:49	21:51 24:54 34:34	23:50 22:32 31:58	22:31 23:46	22:24 22:58 ILL		23:44 21:49 32:27	21:03 21:48 33:09	20:32 21:18 27:50	Crooks, Joe	20:32 21:18 31:58		
Dancer, Jens	X 19:18 20:58	17:34 19:26 20:10	18:28 14:47 15:59	17:20 18:45 20:10	17:55 18:04 19:18	17:20 18:12	DNR 18:25 19:13	17:54	17:31 18:21 19:49	17:36 18:23 19:45	17:32 17:55 19:46	Dancer, Jens	17:20 17:55 19:13		
Froeschner, Lucas	X 23:46 26:29	19:43 22:37 24:50	21:13 17:37 19:11	19:08 21:33 25:28	19:45 20:06 22:27	19:10 19:54	19:18 20:11 21:24		19:48 22:02 22:07	18:57 19:44 ILL	19:11 18:58 21:58	Froeschner, Lucas	18:57 18:58 21:24		
Hightshoe, Evan	X 24:30 27:00	21:07 23:20 25:49	24:30 17:13 20:11	20:30 22:09 24:01	22:05 21:04 23:18	20:41 21:51	22:28 21:19 24:08		21:35 23:28 23:53	20:17 ILL 23:45	20:52 21:34 ILL	Hightshoe, Evan	20:17 21:04 23:18		
James, Alec	X	NEW	NEW	NEW	25:28	23:07	22:58		23:13	21:02	20:01	James, Alec	20:01		
Milefchik, Luke	X 24:21 25:56	21:36 23:18 25:35	22:34 16:56 19:30	20:12 ILL 24:44	21:52 21:01 22:45	20:30 20:58	ILL 21:09 23:14		21:15 21:38 23:47	19:56 21:15 ILL	19:42 21:05 23:11	Milefchik, Luke	19:42 21:01 22:44		
Purdy, Jarrett	X 19:03	17:20 8:34	17:29 14:22	16:49 18:20	17:30 17:48	17:07 17:48	DNR 17:58	17:33	17:11 17:36	16:46 17:53	16:29 17:39	Purdy, Jarrett	16:29 17:36	16:44	16:45
Soberanis, Tony	X	AB	AWOL	AB	28:49	26:47	27:44		26:46	DNF	26:46	Soberanis, Tony	26:46		
Villhauer, Isaac	X 22:52 25:28	20:15 22:20 SUS	INJ INJ INJ	19:37 INJ 23:46	AB INJ 23:00	AB 20:27	20:02 20:36 INJ		INJ 20:26 23:43	DNR INJ ILL	19:30 INJ 22:22	Villhauer, Isaac	19:30 20:26 22:22		
Ward, Joseph	X 28:00 27:37	23:15 24:36 24:58	23:34 19:08 20:41	20:51 23:21 26:08	22:13 21:38 23:09	21:09 22:14	21:27 22:13 23:51		21:24 23:10 24:22	20:35 23:17 25:12	20:17 22:36 23:47	Ward, Joseph	20:17 21:38 23:09		
2013/12/11 Time															
2013 Course	U of Iowa	IMS HS	PV Crow Creek	CR Noelridge	U of Iowa	Solon HS	U of Iowa	Minn MN	U of Iowa	Dub Soc Pk	U of Iowa			Marshalltown	Fort Dodge
2012 Course	U of Iowa	IMS HS	PV Crow Crk FS	CR Noelridge	U of Iowa	Solon HS	Dub Soc Pk	DNR	U of Iowa	CF Birdsall Pk	LM Tuma Park 3.2MILE			LM Tuma Park	Fort Dodge
2011 Course	U of I	IMS HS	PV Crow Crk FS 4K	CR Noelridge	U of Iowa	DNR	LinnMar Tuma Pk	Minn MN	U of Iowa	CR Noelridge	Dub Soc Pk			PV Crow Creek	Fort Dodge

2013 CITY HIGH SENIOR BOYS' RACE RESULTS

NAME/GRADE	AUG 29	SEPT 3	SEPT 7	SEPT 12	SEPT 19	SEPT 23	SEPT 26	SEPT 28	OCT 3	OCT 10	OCT 17	NAME	2013 PR	OCT 24	OCT 27
SENIOR	TRIAL	IMS	PV	CR	LHK	SOLON	E IA	GRIAK	BUD W	MVC S	MVC D	SENIOR	12/11/10	DISTRICT	STATE
Abrams, Drew	X 19:16 23:18 29:37	18:44 18:47 22:32 30:13	18:57 18:30 17:12 21:08	17:53 18:16 21:57 26:56	18:42 17:56 20:34 26:38	18:37 18:02	18:12 17:49 20:18 26:46		18:24 18:32 21:20 25:37	18:16 18:26 21:00 24:18	18:08 18:41 20:50 25:05	Abrams, Drew	17:53 17:49 20:18 24:18		
Arch, Joseph	X 20:00	18:30 19:28	18:20 19:41	17:47 18:39	18:44 18:16	17:57 18:13	18:03 17:56		17:49 17:58	18:04 18:26	18:08 18:30	Arch, Joseph	17:47 17:58		
Coleman, Zach	X 19:27 20:55 21:18	17:18 18:42 20:43 20:46	18:17 19:04 DNF 16:10	17:04 18:25 20:01 20:07	17:50 18:19 19:14 20:15	17:36 17:55	DNR 18:41 18:34 20:52	18:03	17:42 18:43 20:20 19:57	17:29 19:07 20:14 ILL	17:26 18:38 20:23 19:53	Coleman, Zach	17:04 18:19 18:34 19:53		
Cyubahiro, Patrick	X	18:23	Inelg	Inelg	Inelg	Inelg	17:40		17:17	17:09	16:39	Cyubahiro, Patrick	16:39	17:14	16:52
Dorman, Ryan	X 17:16 17:16 18:57	16:50 DNR 17:57 19:09	17:13 16:40 17:11 14:13	16:18 16:43 17:46 18:09	17:06 15:53 16:45 17:35	16:31 DNR	DNR 16:02 G 18:21	16:44 X 16:59 17:42	16:38 16:12 16:56 17:20	16:16 16:07 17:04 17:38	16:18 16:00 17:00 16:51	Dorman, Ryan	16:16 15:53 16:22 16:50	16:39 16:24 17:00 17:21	16:45.6 16:34 16:22 16:50
English, Sam	X INJ 26:40 29:22	20:09 INJ 25:31 27:34	20:38 24:21 19:52 20:01	19:23 22:56 24:53 24:23	21:01 INJ 22:48 24:23	19:54 22:34	20:00 21:40 23:09 27:34		20:46 22:17 23:42 24:27	19:56 22:42 24:39 24:14	19:26 21:51 23:38 23:42	English, Sam	19:23 21:40 22:48 23:42		
Gibbens, Nicolai	X 26:55	Inelg 25:08	Inelg 24:29	Inelg ILL	Inelg 23:04	Inelg 22:34	21:32 22:25		21:38 INJ	20:33 22:56	20:36 22:22	Gibbens, Nicolai	20:33 22:22		
Greazel, Peyton	X 24:25 23:40 23:06	ILL INJ 21:29 22:43	21:02 21:11 17:14 INJ	INJ 21:28 ILL INJ	SUS 20:07 20:30 21:41	SUS ILL	ILL 20:25 20:28 22:19		INJ AWOL ILL 22:08	19:41 19:44 21:39 22:11	19:49 20:15 20:50 21:20	Greazel, Peyton	20:41 20:07 20:28 21:20		
Harte, Neil	X 20:31 21:43 20:19	20:21 20:00 19:55 21:33	INJ 19:29 INJ OOT	20:09 18:40 20:30 19:45	21:53 INJ 19:04 19:45	19:51 INJ	ILL 18:56 19:46 20:14		19:47 19:29 20:30 19:39	19:29 19:25 19:53 19:35	19:05 19:47 19:47 20:28	Harte, Neil	19:05 18:40 19:04 19:35		
Lui, Isaac	X 27:43	Inelg 26:23	Inelg 24:03	Inelg INJ	Inelg 22:51	Inelg 23:35	22:08 INJ		21:52 22:49	21:07 22:55	21:05 22:36	Lui, Isaac	21:05 22:36		
Morris, Downing, Talbot	X 20:54 22:24 24:06	18:39 20:35 21:24 22:47	OOT 20:12 16:50 17:31	17:54 19:34 20:39 22:17	19:11 18:43 19:46 21:50	INJ 18:33	INJ 18:24 19:53 22:41		ILL 18:17 20:10 21:43	ILL 18:43 20:18 22:14	ILL 18:39 20:16 21:51	Morris, Downing, Talbot	17:54 18:17 19:46 21:43		
Nguyen, Sonny	X	AB	21:14	19:16	20:13	19:38	20:17		19:44	19:19	19:01	Nguyen, Sonny	19:01		
Ohrt, Chris	X 17:27 18:25 20:00	Inelg DNR 18:42 20:10	Inelg 17:03 17:57 15:26	Inelg 16:46 17:58 19:05	Inelg 16:12 17:03 INJ	Inelg DNR	DNR 16:16 G INJ	17:05 X 17:42	16:43 16:21 17:30 INJ	16:26 16:32 17:25 INJ	16:22 16:01 17:28 INJ	Ohrt, Chris	16:21 16:01 16:57 19:05	16:29 16:15 17:33	16:21 16:04 16:57
Peterson, Andy	X 18:40	17:50 19:06	18:51 18:25	17:23 18:00	17:58 17:36	17:46 18:09	DNR 17:46	18:28	17:35 17:55	17:49 18:13	17:31 18:14	Peterson, Andy	17:23 17:36		

	20:11 23:02	19:16 22:36	15:31 17:00	19:31 21:13	18:43 21:03		18:30 21:30		SUS 20:17	19:15 20:25	18:52 19:51		18:31 19:51		
Rangel, Luis	X 20:59	19:32 20:43	20:07 20:25	19:10 19:51	19:47 19:06	19:25 19:18	19:27 19:03		19:45 19:13	19:16 19:30	19:47 19:10	Rangel, Luis	19:10 19:03		
Shivers, Rasheem	X 18:41 20:29	18:14 18:28 19:59	18:06 18:19 15:28	17:08 18:00 20:00	17:40 ILL 18:42	17:45 INJ	DNR INJ 18:37	18:25	17:47 17:22 19:17	16:52 17:47 ILL	16:42 17:19 18:24	Shivers, Rasheem	16:42 17:19 18:24	16:58	16:45.5
Torres, Christain	X 24:03 22:55	28:29 24:03 23:33	INJ 22:29 17:40	INJ 22:19 23:35	30:28 21:37 22:26	INJ 22:02	INJ 21:18 22:45		INJ 21:43 23:35	DNF 22:20 23:01	30:55 22:16 23:50	Torres, Christain	28:29 21:18 22:26		
Whitlow, Harrison	X	20:00 INJ INJ 23:22	20:57 INJ INJ 16:36	19:28 INJ INJ INJ	20:37 QT INJ 20:57	19:28 QT	ILL QT 21:25 INJ		20:31 QT 21:37 ILL	19:30 QT 20:46 22:52	22:25 QT 21:09 21:02	Whitlow, Harrison	19:28 INJ 20:46 20:57		
Withrow, Austin	X	Inelg	Inelg	Inelg	Inelg	Inelg	INJ		23:56	DNR	22:25	Withrow, Austin	22:25		
Verhoef, Ian	X	AB	AB	18:18	19:35	18:43	18:08		18:21	DNR	18:00	Verhoef, Ian	18:00		
2013/12/11/10 Time															
2013 Course	U of Iowa	IMS HS	PV Crow Creek	CR Noelridge	U of Iowa	Solon HS	U of Iowa	Minn MN	U of Iowa	Dub Soc Pk	U of Iowa			Marsha lltown	Fort Dodge
2012 Course	U of Iowa	IMS HS	PV Crow Creek	CR Noelridge	U of Iowa	Solon HS	Dub Soc Pk	DNR	U of Iowa	CF Birdsall Pk	LM Tuma Park 3.2MILE			LM Tuma Park	Fort Dodge
2011 Course	U of I	IMS HS	PV Crow Crk FS 4K	CR Noelridge	U of Iowa	DNR	LinnMar Tuma Park	Minn MN	U of Iowa	CR Noelridge	Dub Soccer Pk			PV Crow Creek	Fort Dodge
2010 Course	UI	IMS HS	PV Crow Crk FS 4K	CR Noelridge	U of Iowa	DNR	Dub Soc Pk	Minn MN	U of Iowa	CR Noel	LM Tuma			PV Crow Creek	Fort Dodge