

**CITY HIGH BOYS XC STATE MEET**  
**@ FORT DODGE COURSE –Nov 2, 2013**

**SEASON RECORDS: VARSITY 105-56**

**JV 57-13**

**FS 37-5**

PL	VAR TEAM SCORES	2013 SCORE (12/11/10)	
1	CR Prairie	81(218/179/65)	<b>115</b>
2	Johnston	116(196/DNR/223)	<b>Runners</b>
3	Dowling Catholic, WDM	122(60/70/97)	
4	Linn Mar	135(120/173/249)	
5	Pleasant Valley	138(111/163/182)	<b>*VAR</b>
6	Cedar Falls	145(224/102/118)	<b>CREDIT</b>
7	Waukee	178(214/210/290)	
8	Ames	179(248/202/328)	
9	IC West High	215(135/127/DNR)	
10	Valley, West Des Moines	229(270/188/125)	
11	Dub Hempstead	256(DNR/DNR/DNR)	
12	Dubuque Senior	262(186/351/DNR)	
13	DM Roosevelt	264(DNR/DNR/DNR)	
14	<b>CITY HIGH</b>	<b>285(225/203/227)</b>	
15	Bettendorf	378(DNR/DNR/DNR)	
	<b>+10 Individuals</b>		
PL	VAR 2013 TIME(12/11/10) PR	NAME/GRADE	SPLITS
41-46	16:21(16:04 PL33-38/16:57 PL86-96) <b>16:01</b>	Ohrt, Chris <b>SR</b>	4:57/5:15
58-66	16:45.0 <b>16:29</b>	Purdy, Jarrett <b>JR</b>	5:04/5:23
59-67	16:45.5 <b>16:42</b>	Shivers, Rasheem <b>SR</b>	5:04/5:26
60-68	16:45.6(16:34 PL66-74/16:22 PL49-55/16:50 PL58-70) <b>15:53</b>	Dorman, Ryan <b>SR</b>	4:57/5:19
67-75	16:48 <b>16:31</b>	Bender, Joel <b>JR</b>	5:04/5:28
73-83	16:52 <b>16:39</b>	Cyubahiro, Patrick <b>SR</b>	5:04/5:31
79-89	16:55 <b>16:52</b>	Dodge, Matthew <b>FR</b>	5:09/5:33
	<b>*Course measured 3.17 miles</b>		
		<b>ALTERNATES</b>	
	<b>17:11</b>	McDowell, Tom <b>SO</b>	
	<b>16:52</b>	Bwayo, Adam <b>SO</b>	
	<b>17:04</b>	Coleman, Zach <b>SR</b>	
	<b>DISTRICT AVE TIMES 13(12/11/10)</b>	<b>TIME SPREAD 13(12/11/10)</b>	
	V 1-5 is 16:41 & 1-7 is 16:45	V 1-5 is 26(81/76/78)	
	16:41(16:11/16:11/16:35)	1-7 is 34(117/129/118)	
	<b>13-12 TIMES 0 OF 2</b>	<b>RUNNERS IMPROVED!</b>	